



UTAH: RIVER RAFTING & CANYON ADVENTURE

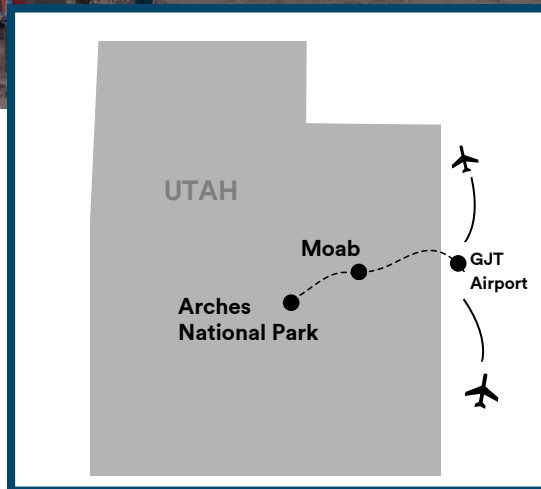
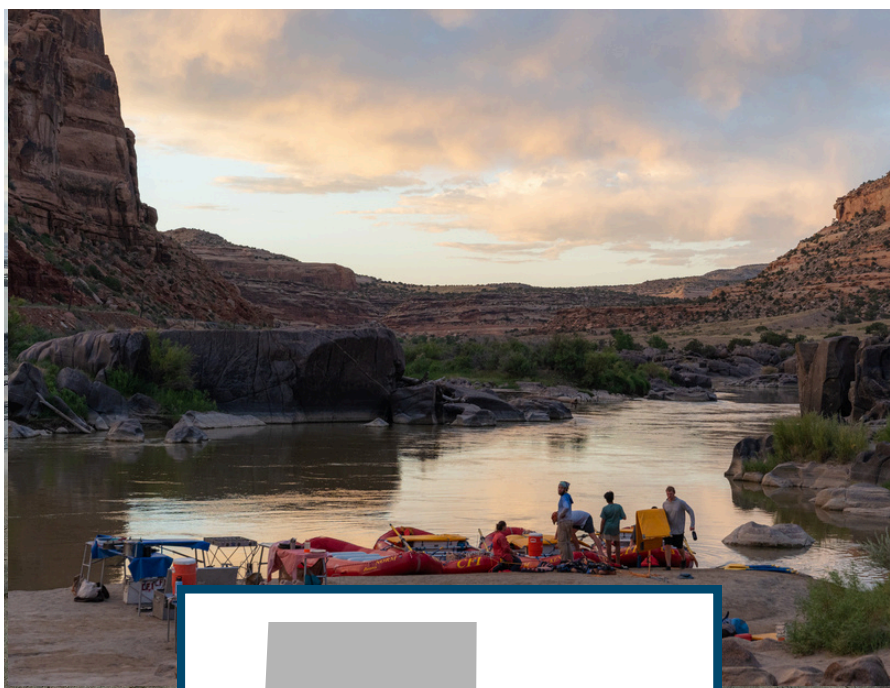
Utah, USA

5- OR 6-DAY PROGRAM



HIGHLIGHTS

- Raft the Colorado River while building teamwork, communication, and real leadership skills
- Give back through hands-on conservation projects supporting the Department of Natural Resources
- Explore Arches National Park and discover the geology, ecology, and archaeology of the American West



PROGRAM OVERVIEW

Experience the myths and modern-day realities of the American West while discovering how Utah's unique ecosystems have shaped its world-famous landscapes. From the towering sandstone formations of Arches National Park to the winding waters of the Colorado River, you'll spend much of the program outdoors exploring Utah's remarkable wilderness while learning about the region's natural history and public lands.

Through hands-on environmental stewardship projects and lessons in public land management, you'll gain a deeper understanding of the challenges facing Utah's wild spaces. Outdoor adventures will push you beyond your comfort zone, helping you build confidence, resilience, teamwork, and leadership skills while creating lasting connections with your group and the landscape around you.





PROGRAM ITINERARY

Activities and the daily schedule may vary based on weather, local events, and group needs.

DAY 1: WELCOME TO UTAH!

Arrive in Grand Junction, the gateway to Moab and the Colorado River, where you'll meet the program staff before traveling together to your lodge-style Home Base. Settle in for the first two nights of the land portion of the program, getting comfortable with your surroundings and meeting your group. You'll also participate in a program orientation and get an exciting preview of the adventures, challenges, and experiences Utah has in store.

DAY 2: ARCHES NATIONAL PARK

Explore iconic landmarks and hidden gems as you hike through Arches National Park, a world-renowned geological playground filled with towering sandstone formations, dramatic rock arches, and sweeping desert views. Take time to appreciate the unique landscape and learn about the forces that have shaped this remarkable region. After your hike, return to camp to prep your gear, review river safety, and make final preparations for tomorrow's river launch. End the day with a reflective activity, setting intentions for the adventure ahead and preparing to embrace the challenges, teamwork, and new experiences that await on the water.



DAY 3: COLORADO RIVER RAFTING EXPEDITION

Launch your Colorado River rafting expedition and navigate through stunning canyon country, experiencing a mix of calm stretches and exciting whitewater rapids. Along the way, work together as a team while learning about the region's ecology, geology, and archaeology, as well as developing practical skills in leadership, communication, and problem-solving. Each day brings new challenges and opportunities to grow as you paddle, navigate, and support one another on the river. In the evenings, set up camp along the river, cook meals together, and unwind beneath the stars while taking in the beauty and solitude of the surrounding canyon landscape.



DAY 4: RAFTING & RIVER CLEAN-UP

Pack up camp after breakfast and continue rafting down the Colorado River, taking in scenic river views and the dramatic canyon landscape along the way. As you paddle, learn more about the area's natural history and hydrology while strengthening connections with your rafting team through shared challenges and experiences. Give back to the river through a hands-on clean-up project, supporting the Department of Natural Resources and helping protect a heavily visited river corridor for future visitors and the wildlife that depends on it.



If on a five-day program, we'll exit the river and return to our land-based Home Base for the evening.



DAY 5 (IF A 6-DAY PROGRAM): RAFTING & SERVICE PROJECT

Continue rafting down the Colorado River with growing confidence and skill, taking in the dramatic scenery of canyon country and reflecting on how far you've come since launching. Along the way, take part in a hands-on tamarisk removal service project, helping support native plants and restore the river's riparian ecosystem. After your final stretch on the water, exit the river and return to the land-based Home Base. Spend the afternoon packing up, reflecting on your experiences and personal growth, and preparing for your departure the following day.



DAY 6: DEPARTURE

Say goodbye to the wilderness you've called home for the past few days and enjoy a final breakfast or lunch, depending on your flight time. Then, travel together to Grand Junction Airport, where GLA Groups staff will assist with check-in and see you off as you begin your journey home.





PROGRAM SAFETY



**SAFE
TRANSPORTATION**



**CARING SUPERVISION
& EXPERT LOCAL
KNOWLEDGE**



**24/7 SUPPORT &
EMERGENCY RESPONSE**



**GLA HOME BASE:
SAFE & SECURE
LODGING**



**HEALTHY MEALS &
PURE WATER**

**GLA'S
5 POINT
SAFETY
SYSTEM**



GLA HOME BASE

Home Base starts as a shared lodge-style accommodation at a campsite, with community bathrooms and campground amenities. While on the river, Home Base is a roving campsite. Students will camp in provided tents, sleeping bags, and sleeping pads. There will be a full "river kitchen" and communal shade/rain structures.



CLIMATE

Meals are designed to be balanced, nutritious, and made with fresh, seasonal ingredients. Students will take an active role in cooking many of their meals as part of their camping experience, building practical skills and shared responsibility while enjoying food they helped create. With advance notice, we can accommodate most dietary restrictions and preferences.



FOOD

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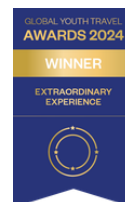
PROGRAM INCLUSIONS

Inclusions:

- Healthy Meals and Drinking Water
- Accommodations in a trusted GLA Home Base
- Safe Transportation - private and public
- Activities and entry fees
- Expert Staff to guide the group
- Secondary medical insurance & emergency evacuation insurance for every traveler

Exclusions:

- Airfare to and from the program
- Additional snacks or drinks outside of mealtimes
- Travel Insurance (lost luggage, etc)



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