



# UNITED STATES: WEST COAST COLLEGE DISCOVERY

San Francisco,  
Los Angeles,  
San Diego, CA

10-DAY PROGRAM

## HIGHLIGHTS

- Tour prestigious campuses: UC Berkeley, UCLA, UC San Diego, and USC
- Explore California icons like the Golden Gate Bridge, Hollywood Boulevard, and La Jolla Cove
- Take part in college prep seminars and workshops to prepare for your future
- Discover vibrant city life in San Francisco, Los Angeles, and San Diego
- Visit world-class cultural sites such as Balboa Park, Alcatraz, and the Getty Center



## PROGRAM OVERVIEW

Travel along the California coast from San Francisco to San Diego while visiting top universities, including UC Berkeley, UCLA, USC, and UC San Diego. Experience each campus through guided tours while learning more about academic programs, student life, and the unique opportunities each school offers.

Along the way, explore California's iconic landmarks and scenic destinations, from the Golden Gate Bridge and Hollywood Boulevard to the beautiful coastline of La Jolla Cove. This journey blends meaningful college exploration with memorable cultural and West Coast experiences.





## **PROGRAM ITINERARY**

*Activities and the daily schedule may vary based on weather, local events, and group needs.*

### **DAY 1: WELCOME TO SAN FRANCISCO!**

Arrive in San Francisco (SFO) and meet with GLA Groups staff, followed by a welcome dinner and orientation. In the evening, enjoy a walk along Fisherman's Wharf and explore the lively atmosphere of Pier 39.

### **DAY 2: BERKELEY TOUR, ICONIC SITES, AND SEMINAR**

Begin the day with a guided tour of the University of California, Berkeley campus, giving students the opportunity to experience a leading university and learn more about campus life and academic opportunities. Continue with a visit to the iconic Golden Gate Bridge, followed by time to explore the beautiful Golden Gate Park and enjoy its scenery. In the evening, experience the vibrant culture and flavors of San Francisco's Chinatown over dinner. The day will conclude with a college prep seminar focused on building your college list, where students will learn how to identify schools that align with their academic interests, personal goals, and future aspirations.

### **DAY 3: MORE SAN FRANCISCO SPOTS AND EVENING SEMINAR**

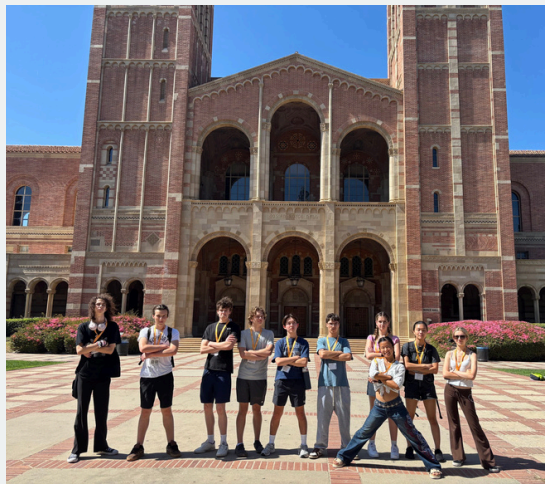
Begin the day with a guided tour of Alcatraz Island, learning about the history and stories surrounding one of San Francisco's most iconic landmarks. Afterward, explore some of San Francisco's diverse and vibrant neighborhoods, taking in the city's unique architecture, culture, and local character. In the evening, participate in a college prep seminar focused on writing a stand-out college essay, where students will learn how to share their experiences, strengths, and personal stories in an authentic and compelling way.

### **DAY 4: LOS ANGELES ARRIVAL**

Begin the morning with travel to Los Angeles to the heart of Southern California. Upon arrival, enjoy a walking tour of Hollywood and Sunset Boulevard, where students can experience some of the city's most iconic landmarks, entertainment history, and lively atmosphere. In the evening, participate in a college prep seminar focused on navigating the UC application process, providing students with valuable guidance on application requirements, important deadlines, and strategies for presenting themselves as strong candidates.

### **DAY 5: UCLA TOUR AND LOS ANGELES SITES**

Begin the day with a campus tour of the University of California, Los Angeles (UCLA), giving students the opportunity to explore the university, learn about its academic programs, and experience campus life firsthand. Continue with a visit to the Getty Center, where students can enjoy world-renowned art, architecture, and panoramic views of Los Angeles. In the afternoon, head to Santa Monica Pier for some beach time, allowing students to enjoy the coastline and experience one of Los Angeles's most iconic seaside destinations.



## **DAY 6: USC TOUR AND CA SCIENCE CENTER**

Begin the day with a campus tour of the University of Southern California (USC), giving students a glimpse into university life and academic opportunities. Visit the California Science Center to explore its exhibits and see the Space Shuttle Endeavour, followed by time to explore downtown Los Angeles. In the evening, participate in a college prep seminar covering scholarships and financial aid basics, helping students understand ways to plan for and manage college costs.

## **DAY 7: TRAVEL TO SAN DIEGO**

Begin the day with scenic coastal travel to San Diego, taking in beautiful ocean views and the relaxed atmosphere of Southern California. Upon arrival, explore historic Old Town San Diego, where students can experience the city's rich history, culture, and unique local character. In the evening, enjoy dinner in the vibrant Gaslamp Quarter, giving students time to experience one of San Diego's most popular downtown districts and enjoy its lively restaurants and atmosphere.



## **DAY 8: UC SAN DIEGO TOUR AND LA JOLLA**

Begin the day with a campus tour of UC San Diego, giving students the opportunity to explore the university and learn more about its academic programs and student life. Continue to La Jolla Cove, where students can enjoy the scenic cliffs, beaches, and views of the local sea lions. In the evening, participate in a college success seminar focused on time management and essential skills for staying organized, balancing responsibilities, and succeeding in college.



## **DAY 9: SAN DIEGO ZOO AND CELEBRATION DINNER**

Spend the day exploring Balboa Park and its museums, taking in the park's beautiful scenery, architecture, and cultural attractions. Continue to the San Diego Zoo for an exciting opportunity to see a wide variety of animals and experience one of the city's most popular attractions. In the evening, gather for a farewell dinner and closing reflection, giving students a chance to celebrate the experiences and connections they made throughout the program and reflect on their journey together.

## **DAY 10: DEPARTURE**

Depart San Diego and travel home, taking time to reflect on the skills you learned, friendships you strengthened, and challenges you overcame throughout the experience. Consider how these lessons and experiences can connect to your daily life, influence your future goals, and inspire you to share what you have learned with others.





## **PROGRAM SAFETY**



**SAFE  
TRANSPORTATION**



**CARING SUPERVISION  
& EXPERT LOCAL  
KNOWLEDGE**



**24/7 SUPPORT &  
EMERGENCY RESPONSE**



**GLA HOME BASE:  
SAFE & SECURE  
LODGING**



**HEALTHY MEALS &  
PURE WATER**

**GLA'S  
5 POINT  
SAFETY  
SYSTEM**



## **GLA HOME BASE**

You'll stay in comfortable accommodations near college campuses, giving you a true taste of student life. Rooms are gender-segregated with ensuite bathrooms, providing both privacy and convenience as you recharge for each day's adventures.



## **CLIMATE**

California's climate shifts as you travel the coast – cooler and foggy in the Bay Area, warmer and sunnier in Southern California. With weather that can change quickly, students should be ready for a mix of conditions and pack layers for comfort.



## **FOOD**

Mealtimes are a chance to sample regional favorites and local California flavors. From fresh seafood in San Francisco to food truck culture in Los Angeles and fish tacos by the beach in San Diego, dining will be both delicious and memorable.



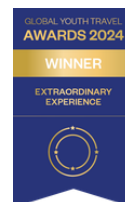
## **PROGRAM INCLUSIONS**

Inclusions:

- Healthy Meals and Drinking Water
- Accommodations in a trusted GLA Home Base
- Safe Transportation - private and public
- Activities and entry fees
- Expert Staff to guide the group
- Secondary medical insurance & emergency evacuation insurance for every traveler

Exclusions:

- Airfare to and from the program
- Additional snacks or drinks outside of mealtimes
- Travel Insurance (lost luggage, etc)



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