



UNITED STATES: EAST COAST COLLEGE DISCOVERY

New York City, NY,
New Haven, CT,
Boston, MA

10-DAY PROGRAM



HIGHLIGHTS

- Tour top universities including Harvard, MIT, and Yale.
- Explore iconic U.S. landmarks like the Statue of Liberty and Times Square
- Experience the culture of vibrant cities: New York & Boston.
- Take part in college prep seminars and workshops designed to guide your future
- Visit world-class museums such as the Metropolitan Museum of Art



PROGRAM OVERVIEW

Discover the best of Boston and New York while exploring future college paths. Tour top universities like Harvard, MIT, and Yale, stand beneath the Statue of Liberty, and experience the energy and history of two iconic cities. Along the way, get a glimpse into college life and discover new opportunities for your future.

Take part in hands-on workshops designed to prepare you for college and beyond while building skills, exploring your interests, and asking questions about what comes next. Most importantly, bond with your peers, make lasting memories, and discover what inspires you most on your college journey.





PROGRAM ITINERARY

Activities and the daily schedule may vary based on weather, local events, and group needs.

DAY 1: WELCOME TO NEW YORK CITY!

Arrive in New York City (JFK), meet the GLA Groups staff, and settle into your accommodations. Begin the experience with a welcoming program orientation, where you'll get familiar with the schedule, activities, and what to expect during the trip.

DAY 2: BARNARD COLLEGE TOUR & NYC WALKING TOUR

Explore Barnard College with a guided campus tour before setting out on a walking and subway tour of New York City. Discover iconic destinations such as Times Square, Grand Central Terminal, Rockefeller Center, SoHo, and Chinatown while experiencing the city's vibrant energy, diverse neighborhoods, and rich culture. Along the way, take in famous landmarks and get a firsthand feel for the excitement and diversity that make New York City so unique.

DAY 3: MORE OF NEW YORK CITY'S ICONIC SPOTS

Experience the best of New York City with a tour featuring two of the city's most iconic destinations. Visit the Statue of Liberty and enjoy a closer look at this world-famous symbol of freedom while taking in beautiful views of the New York Harbor and Manhattan skyline. Continue to Central Park, where you can explore the city's famous green space, scenic paths, and landmarks while experiencing a peaceful contrast to the energy of downtown Manhattan.

DAY 4: NYSID TOUR AND NYC CULTURAL EXPERIENCES

Explore New York City's creative and cultural scene with a visit to the New York School of Interior Design for a campus tour, offering a glimpse into the world of design. Continue to the Metropolitan Museum of Art to experience its renowned collection spanning centuries of art and culture from around the world. End the day with a Broadway show, taking in the excitement and unforgettable performances of New York's legendary theater district.

DAY 5: YALE UNIVERSITY TOUR AND ARRIVE IN BOSTON

Leave New York City and travel to New Haven, Connecticut, where you'll visit Yale University for a guided campus tour and seminar, offering an opportunity to learn more about the university's history, academics, and student experience. After exploring Yale and the surrounding area, continue to Boston, Massachusetts, where you'll arrive, settle in, and prepare for the next part of your journey.



DAY 6: BOSTON WALKING TOUR AND RESUME WORKSHOP

Explore Boston on a walking tour featuring some of the city's most historic and iconic sites, including Boston Common, the Public Garden, Granary Burying Ground, and highlights of the Freedom Trail. Continue to Quincy Market and the historic North End, where you can experience the neighborhood's lively atmosphere and enjoy a traditional cannoli. After the tour, participate in a resume workshop designed to help develop and strengthen professional application materials and career skills.

DAY 7: MIT TOUR AND COLLEGE APPLICATION SEMINAR

Begin the morning with a college application seminar focused on preparing strong and thoughtful applications for the college admissions process. Then visit the Massachusetts Institute of Technology (MIT) for a guided campus tour, offering an inside look at its innovative academic environment, facilities, and student life. Continue to the MIT Museum to explore exhibits showcasing science, technology, engineering, and innovation, providing an engaging look at the groundbreaking work associated with MIT.



DAY 8: HARVARD TOUR AND MUSEUM EXPERIENCE

Visit Harvard College for a guided campus tour and explore the historic Harvard Yard, learning about the university's traditions, academic environment, and student experience. Continue to the Harvard Museum of Natural History, where you can discover fascinating exhibits featuring dinosaurs, wildlife, minerals, and other natural wonders from around the world. Together, these experiences offer a glimpse into Harvard's rich history while showcasing the university's commitment to learning, research, and discovery.



DAY 9: BOSTON HIGHLIGHTS AND CELEBRATION DINNER

Experience some of Boston's most memorable attractions with a tour of Fenway Park, one of the country's most historic and beloved baseball stadiums. Take in panoramic views of the city from the top of the Prudential, followed by time to explore nearby shops and enjoy some shopping. End the day with a special celebration dinner, bringing everyone together to reflect on the experiences and memorable moments of the trip.

DAY 10: DEPARTURE

Depart Boston and travel home, taking time to reflect on the skills you learned, friendships you strengthened, and challenges you overcame throughout the experience. Consider how these lessons and experiences can connect to your daily life, influence your future goals, and inspire you to share what you have learned with others.





PROGRAM SAFETY



**SAFE
TRANSPORTATION**



**CARING SUPERVISION
& EXPERT LOCAL
KNOWLEDGE**



**24/7 SUPPORT &
EMERGENCY RESPONSE**



**GLA HOME BASE:
SAFE & SECURE
LODGING**



**HEALTHY MEALS &
PURE WATER**

**GLA'S
5 POINT
SAFETY
SYSTEM**



GLA HOME BASE

You'll stay in comfortable accommodations near college campuses, giving you a true taste of student life. Rooms are gender-segregated with ensuite bathrooms, providing both privacy and convenience as you recharge for each day's adventures.



CLIMATE

The East Coast experiences all four seasons, from warm, humid summers to crisp autumns, snowy winters, and blossoming springs. Weather can vary greatly by region and time of year, so travelers should be prepared for changing conditions and pack accordingly.



FOOD

Mealtimes are a chance to taste regional favorites and experience the flavor of each city. Depending on the season, you might enjoy classic New York bagels and pizza or a warm bowl of Boston clam chowder, alongside other local favorites that make each stop memorable.



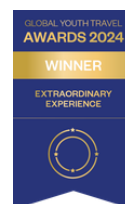
PROGRAM INCLUSIONS

Inclusions:

- Healthy Meals and Drinking Water
- Accommodations in a trusted GLA Home Base
- Safe Transportation - private and public
- Activities and entry fees
- Expert Staff to guide the group
- Secondary medical insurance & emergency evacuation insurance for every traveler

Exclusions:

- Airfare to and from the program
- Additional snacks or drinks outside of mealtimes
- Travel Insurance (lost luggage, etc)



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