



GHANA: CHILDREN OF AFRICA

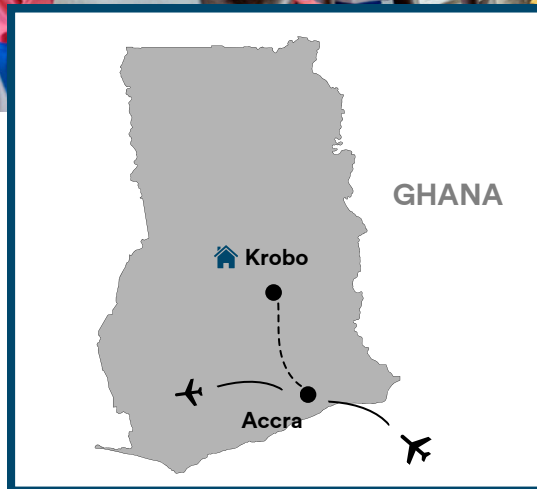
Krobo, Ghana

14-DAY PROGRAM



HIGHLIGHTS

- Develop educational resources used to tutor children at a village primary school
- Help build and refurbish school facilities
- Discuss current social issues facing Ghana's women and children
- Hike to a beautiful waterfall
- Learn traditional African dance, batik fabric dyeing, drums and percussion
- Explore outdoor markets and historic sites



PROGRAM OVERVIEW

On this program, you will stay in a small Ghanaian village and take part in meaningful activities within local schools and community projects. You'll support students in the classroom, encourage their learning and growth, and contribute to projects that benefit the local community.

Beyond volunteering, you'll experience Ghanaian culture through activities such as traditional dance, drumming, and batik. This immersive experience will allow you to connect with local people, learn about their traditions, and gain a deeper understanding of everyday life in Ghana.





PROGRAM ITINERARY

Activities and the daily schedule may vary based on weather, local events, and group needs.

DAY 1: WELCOME TO GHANA!

Upon arrival at the airport, you will meet GLA Groups staff, who will welcome you and accompany you to Home Base. Once settled in, you will have time to get comfortable and learn some basic Krobo phrases to help you connect with the local community. You'll also have the opportunity to explore the village, get familiar with your surroundings, and visit local schools to learn more about the students, teachers, and community.

DAY 2: CULTURAL IMMERSION WITH HOST FAMILY

Spend the day learning more about Ghana's rich history, traditions, and local community from a community leader who can share personal experiences and insights. In the afternoon, you'll have the opportunity to spend time with a host family, experiencing everyday life and learning more about local customs, food, and traditions. This cultural immersion will provide a meaningful opportunity to connect with community members and gain a deeper understanding of life in Ghana.

DAYS 3-4: SERVICE ORIENTATION & LOCAL VILLAGE TOUR

Begin the day with an orientation to the service projects, learning about the goals of each project and how you can best support the local community. You'll then tour the village and local market, getting a closer look at everyday life and the people who make up the community. Later, work with a local seamstress to design traditional clothing, choosing fabrics and patterns that reflect Ghanaian culture and your own style. In the evening, visit a local church to experience the welcoming community and enjoy live music before gathering around an evening bonfire to relax, share stories, and build connections with one another.

DAY 5: TRADITIONAL GHANAIAAN CULTURE

Spend the day visiting local families and experiencing aspects of daily life within the community. Through conversations, shared meals, and time together, you'll have the opportunity to learn about family traditions, routines, and the values that shape everyday life in Ghana. You'll also take part in a traditional Ghanaian naming ceremony, an important cultural experience that offers a deeper connection to Krobo heritage and traditions. This meaningful celebration provides a chance to learn about the significance of names, community, and belonging while building connections with local families.



DAY 6: TEACHING & SCHOOL PROJECTS

Begin the morning by teaching and assisting with school refurbishment projects, working alongside local staff and community members to help improve the learning environment for students. After returning to Home Base for lunch and some time to recharge, spend the afternoon exploring local markets or learning how to prepare a traditional Ghanaian dish. These experiences offer a chance to connect with the community through food, culture, and everyday life. Later in the afternoon, head to the local park to play games, spend time, and build friendships with local children, creating meaningful connections through fun and shared experiences.



DAYS 7-8: CONTINUE TEACHING & TRADITIONAL ARTS

Continue supporting the local community through classroom teaching and school improvement projects, working alongside teachers and students to create a positive and engaging learning environment. In the afternoon, take part in a traditional Ghanaian drumming and dance workshop led by a professional troupe, where you'll learn about the cultural significance of the music while trying the rhythms and movements for yourself. You'll also have the opportunity to learn the art of Batik cloth dyeing from a local artisan. Using traditional techniques, you'll design and create your own unique patterned fabric, giving you a meaningful handmade keepsake to take home and remember your experience in Ghana.



DAYS 9-10: WATERFALL HIKE & SAJUNA BEACH CLUB

Enjoy a day of adventure and relaxation as you hike to a nearby waterfall, taking in the beautiful natural scenery along the way and enjoying time to cool off and appreciate the peaceful surroundings. After the hike, tour the Cedi Bead Factory to learn about the traditional process of making colorful, handcrafted beads and discover the artistry behind this important local craft. In the afternoon, unwind at Sajuna Beach Club, where you can swim, play volleyball, and enjoy time by the water. For those looking for an extra adventure, an optional boat ride offers another fun way to take in the scenery and enjoy the afternoon with friends.



DAYS 11-12: FINAL SERVICE & ACTIVITIES

Wrap up the classroom teaching and construction projects, taking time to complete final tasks and reflect on the impact of the work you've contributed to throughout the trip. It's a chance to say goodbye to teachers, students, and community members who have been part of your experience. Spend the remainder of the day enjoying final visits with your host family and taking part in meaningful cultural activities. Share stories, meals, and conversations while celebrating the connections you've made and the memories you've created during your time in Ghana.

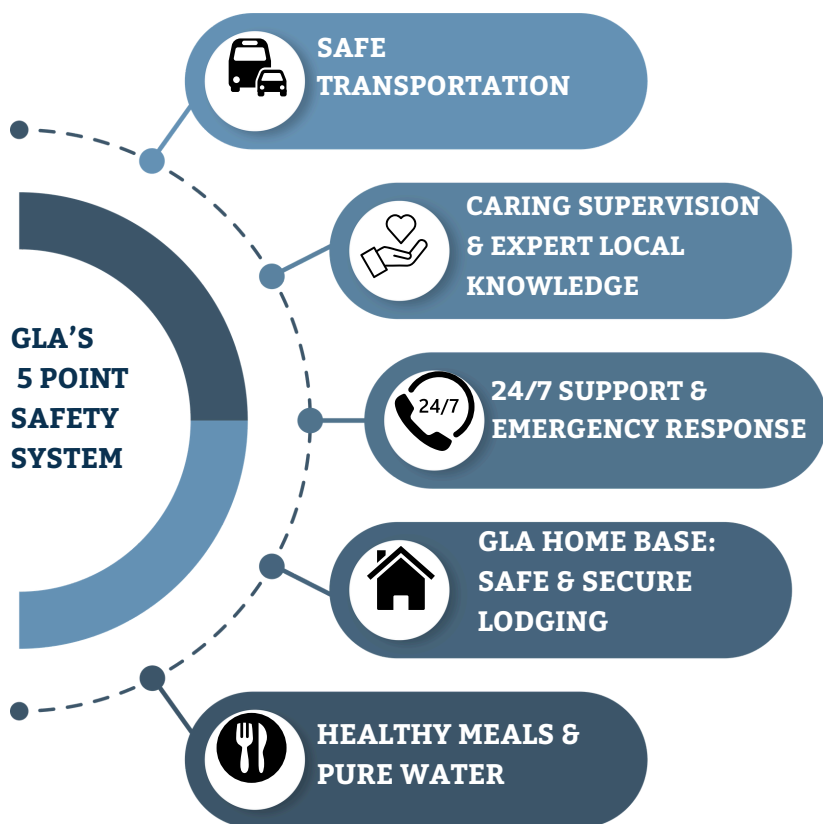


DAYS 13-14: DEPARTURE

Take time to celebrate the accomplishments and meaningful experiences from your time in Ghana. Gather together to reflect on the service projects, cultural activities, friendships, and connections you've made throughout the journey, sharing favorite memories and lessons learned along the way. After this time of reflection and celebration, travel back to Accra for your departure home. As you prepare to leave Ghana, you'll have an opportunity to say goodbye to the community and reflect on how the experience has shaped your understanding of the people, culture, and traditions you encountered.



PROGRAM SAFETY



GLA HOME BASE

The Home Base for this program is located in Krobo, which is three hours inland. Accommodations are basic, but clean and safe. Students sleep in gender segregated rooms with roommates, and have access to shared bathrooms with cold-water showers.

CLIMATE

Ghana has a warm, tropical climate year-round, with plenty of sunshine and occasional rain showers. Days are typically hot and humid, while evenings are cooler and more comfortable – perfect for winding down after a full day of activities.

FOOD

Ghanaian cuisine has traditional dishes from each ethnic group, tribe, and clan, and GLA cooks at Home Base will provide many options for you to sample. Ghanaian staples are mostly vegetarian, including rice, beans, and fresh vegetables. We will also have fresh fish and seafood.

PROGRAM INCLUSIONS

Inclusions:

- Healthy Meals and Drinking Water
- Accommodations in a trusted GLA Home Base
- Safe Transportation - private and public
- Activities and entry fees
- Expert Staff to guide the group
- Secondary medical insurance & emergency evacuation insurance for every traveler

Exclusions:

- Airfare to and from the program
- Additional snacks or drinks outside of mealtimes
- Travel Insurance (lost luggage, etc)

