BALI: EDUCATION & MARINE ADVENTURE

21 DAY PROGRAM

HIGHLIGHTS

- Teach children at local Balinese schools
- Learn to scuba dive in turquoise waters
- Explore the island's spiritual culture through temple visits and activities
- Have dinner at the Royal Palace
- Visit coral restoration and sea turtle hatchery projects
- Clean a mangrove area and sort trash with an NGO project
- Surf with locals in Southern Bali, a world-class surf destination
- Travel to Amed, renowned for its biodiversity, chill vibe and its stunning sunrises and sunsets.
- Visit Tirta Gangga Water Palace, a former royal palace
- Go on a white-water rafting adventure through lush Balinese jungle!

ACTIVITY LEVEL

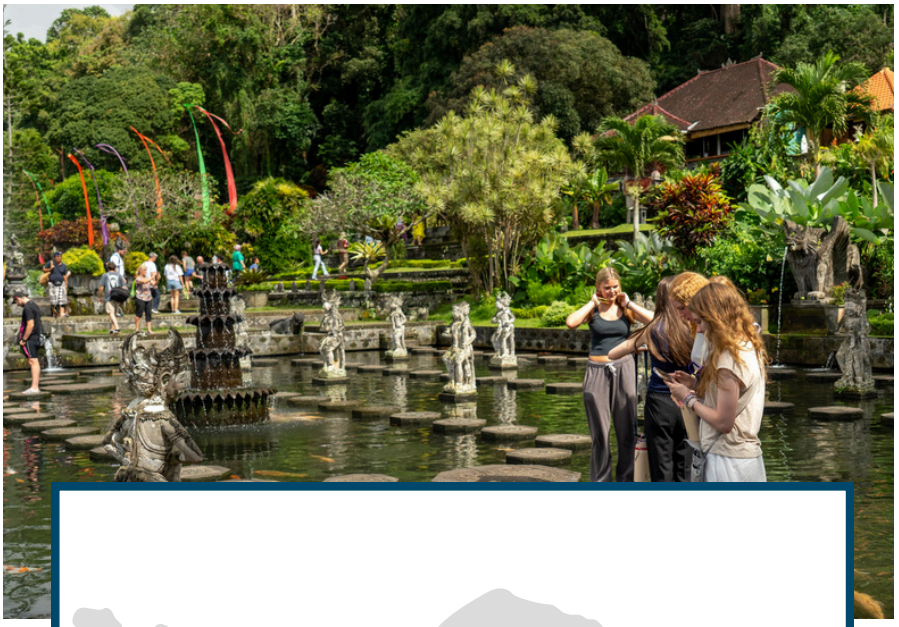
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2026 PROGRAM DATES

- June 30 - July 20

GET IN TOUCH!

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Immerse yourself in the indigenous culture of the "Island of the Gods," and discover unexpected treasures while scuba diving in the Bali Sea.

OVERVIEW

Journey to the island of Bali, where you'll influence the youth of an indigenous culture and explore the many wonders of the "Island of the Gods." Even more than its picturesque scenery, the Balinese people are what make this region truly beautiful. Charming and generous, local residents warmly welcome volunteers who can help fill educational gaps for their children. You'll volunteer at a local school, teaching English and bonding with the community. In the afternoons and evenings, you might hike to a waterfall, hop on a spider boat to catch the sunset, or gather around a bonfire on the beach.









ITINERARY

Actual schedule of activities will vary by program session. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.

DAY 1: WELCOME TO BALI!

Fly into Denpasar, the main gateway to Bali. GLA staff will be there waiting to greet you. Once you have your bag, continue out to the arrivals area where GLA staff will greet and accompany you to our homebase in Ubud. We'll drive an hour to Home Base in Ubud, where we'll meet fellow GLA students and get settled into our new home. Once everyone has arrived, we'll continue with orientation and your first Balinese dinner.

DAY 2: ORIENTATION, SISYA UPANAYANA (WELCOMING CEREMONY) & BANJAR WORKSHOP

Om Swastiastu! In Bali, they give this greeting, which actually means, *"May you be in the best of health: spiritually, physically, mentally and emotionally."* Over the next two weeks, you'll come to understand viewing health in this holistic way.

In the morning we'll have a program orientation followed by a scavenger hunt in Ubud. In the afternoon you'll visit a local banjar, or community center, to learn about traditional arts that have become famous around the world: woodcarving, offering making, gamelan making and legong dance.

DAY 3: HERBAL WALK, COFFEE PLANTATION & TOUR OF ROYAL PALACE

You'll start your day with a stroll through winding paths in the lush jungle and through terraced rice paddies on an herbal walk to learn about Bali's native plants and how they're used for traditional medicine, food and body care products. You'll also explore a local temple.

After an afternoon visit to a local coffee plantation, we'll get the rare opportunity to tour the Royal Palace, and have a conversation with a member of the royal family over traditional Balinese dinner. Get the chance to ask questions like how tourism and other modern developments are affecting the practice of Balinese customs and village culture.

DAY 4: VISIT TO LOCAL BAJAR & SERVICE INTROS

This morning you'll also visit a local banjar, or community center, to learn about traditional arts that have become famous around the world: woodcarving, offering making, gamelan making and legong dance.
In the afternoon, students will visit a local NGO and get introduced to our service partners.

DAY 5: SERVICE & SITE VISITS

Today, the program will dive into service, students will visit Magi Farm Food Fighter project, we will contribute to the preparation of 300 nasi campur (mixed rice) packets to be distributed in a Balinese community close to a landfill. Students will learn about nutrition and food waste.

Come back together as a group in the evening for a special night of Futsal and group bonding!









DAY 6: SERVICE & GETTING TO KNOW THE ISLAND

Students will visit NGOs in the morning and engage in service in the afternoon, learning about community needs Students will learn about mangrove ecosystems and the impacts of pollution.

DAY 7: COOKING CLASS & SITE VISITS

Spend the morning building your appetite learning about the delicious and unique flavors that make up Balinese cuisine! In the afternoon, immersive yourself in site visits and critical thinking as you dive deeper into your program theme.

DAY 8: PEMUTERAN & SUNSET BOATRIDE

Today we head onwards to Pemuteran - a remote corner of Bali known for some of the best snorkeling and diving on the island.

DAY 9: TURTLE HATCHERY & SCHOOL SERVICE

In the morning learn about local efforts protecting sea turtles, and in the afternoon start delivering the health and environmental lessons you've been preparing to give. Work as a team to move through different classrooms and play games, teaching engaging lessons that will make an impact on the students here.

DAY 10: BIOROCK SNORKELING & SCHOOL SERVICE

Today students will continue their NGO visits, learning about and supporting a coral restoration project and snorkeling through beautiful waters! In the afternoon we'll continue teaching our lessons in the local school and creating bonds with Balinese students!

DAY 11: SALT FARMING VISIT & SCHOOL SERVICE

Spend the morning learning how locals farm salt and spend the afternoon delivering your last lessons to the local elementary school and saying your goodbyes to the students you formed fast bonds with in the last days!

DAY 12: NATIONAL PARK TREKKING

Get to know more of the landscapes of Bali, trekking through a national park and planting seedlings there.

DAY 13: DISCOVER SCUBA!

Today is the day we explore Bali from underneath the crystal blue waters! Students will learn some basic dive theory and some vital dive skills in the shallows before going on your guided underwater tour. This will be an amazing opportunity to explore Bali's stunning coral reefs. All students will need to do a swim test to participate in this activity.

DAY 14: RETURN TO UBUD & WATERFALL

Today we will start our journey back to Ubud passing by a beautiful waterfall along the way and arriving back to our main Home Base in this urban center of the island. In the evening we will settle back into our original Home Base in Ubud.









DAY 15: TRADITIONAL HEALER & RELAXATION

In the morning we'll have the chance to speak with a local Balian, or traditional Balinese healer. Local people will visit healers for a wide range of care, including herbal treatments and massage as well as energy work and even life and family advice.

In the afternoon we'll enjoy some downtime with the group, and organize ourselves for our upcoming excursion!

DAY 16: EXCURSION TO AMED & INDIGENIOUS VILLAGE EXPLORATION

Today we'll head to Amed, a sleepy fishing village off the beaten path. Along the way, we'll explore the Bali jungle on foot, participating in a scenic 3 hour trek starting from a beautiful river, crossing the jungle and ending in a village of Native Bali, also known as Bali Aga, called Tenganan.

During the trek we will see the scenery of Mt. Agung and a wide view of rice paddies. In the middle of the trek we will stop at a local house to enjoy the honey harvested by the local family and try the red tea. It is the perfect opportunity for breath-taking photos and stunning views.

DAY 17: SNORKELING & GLASS SANDING

Spend the morning viewing the amazing wonders around Balinese coral while snorkeling and in the afternoon learn about the art of glass sanding.

DAY 18: HEAD BACK TO UBUD & TIRTA GANGGA TEMPLE

After enjoying the sea, its only fitting that on our way back to Ubud we'll stop at Tirta Gangga (a former royal palace) known as the water palace, a beautiful and relaxing place to take in baliense architecture and traditions. Get the chance for some sourvenir shopping before arriving back to Ubud.

DAY 19: WHITE WATER RAFTING

Today we'll venture into the jungle to explore the river on a whitewater rafting expedition to explore Bali from a different angle! Enjoy an amazing view from lunch before we head back to Home Base for our afternoon leadership session.

DAY 20: SURFING

We'll head south to spend the day in some of the most beautiful waters in Bali. Lessons will be taught by world-class instructors in an area that is well suited for beginners. South Bali is well known for being one of the top surfing destinations in the world, so this will definitely be an adventure to remember.

DAY 21: DEPARTURE

"Goodbye" doesn't exist in Indonesian, so we'll say, "See you later!" as you prepare to depart . Enjoy your last Balinese breakfast and head to the airport to begin your journey back. At the airport, GLA staff will help you check in for your flight and see you off on your trip home.

PROGRAM SPECIFICS

- **Tuition:** $6,599
- **Service Hours:** 36
- **Ages:** 14 - 18
- **Student-to-Staff Ratio:** 6-to-1
- **Accommodations:** Enclosed Compound
- **Arrival and Departure Airport:**
  - Denpasar (DPS)

GLA HOME BASE

On the 21-day program, your Home Base will be in Ubud, with excursions to Amed and Pemuteran. Ubud, Bali's cultural hub, offers the comforts of home along with a serene and creative energy that draws people from around the world.

You'll stay in a variety of accommodations, from an authentic family home to a beach bungalow. Students share comfortable, gender-segregated rooms and have access to bathrooms with Western-style toilets and showers.

GLA HOME BASE OVERVIEW

- Pool
  - GLA Home Base 1: Ubud - Yes
  - GLA Home Base 2: Pemuteran - No
  - GLA Home Base 3: Amed - No
- Air conditioning
  - GLA Home Base 1: Ubud - No
  - GLA Home Base 2: Pemuteran - No
  - GLA Home Base 3: Amed - No
- Remote
  - GLA Home Base 1: Ubud - No
  - GLA Home Base 2: Pemuteran - Yes
  - GLA Home Base 3: Amed - Yes

FOOD

Balinese staples include rice, rice-based noodles, chicken, fish, tofu, veggies and tropical fruits. Cooks at Home Base serve a variety of Balinese dishes and can accommodate vegetarian, vegan and gluten-free diets.

NOTICE ON PROGRAM UPDATES

While this program is being planned for this season, some activities or details may change between now and the program start date. Please note that references from past participants and previously published information may not accurately reflect every aspect of this program. Refer to the sample itinerary above or to the GLA website for the most up-to-date version of program activities, and please note that further updates may be made between now and the program start date.

CLIMATE

Bali's climate is tropical, warm and humid all year. The central mountain area, including Ubud, is typically cooler and expects more rain than the southern coastal areas, making it quite pleasant.

LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

ABOUT GLOBAL LEADERSHIP ADVENTURES

Global Leadership Adventures was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

GLA HAS BEEN FEATURED IN:

The New York Times
USA TODAY
NBC NEWS
The Boston Globe
seventeen

OUR EXPECTATIONS

BE PRESENT | Our mission at GLA is "to inspire the next generation to realize their potential to transform the world and their role in it." To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

NO TOLERANCE | GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

COMMUNITY-LED EXPERIENCES | GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

MENTORSHIP | GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

ESSENTIAL ELIGIBILITY CRITERIA

At Global Leadership Adventures, we welcome age-eligible teens who are excited about the opportunity to travel to apply for our programs. To ensure a safe and meaningful experience for everyone in the group, we follow essential eligibility criteria. While out intent is not to be exclusionary, it's important to note that GLA programs are not therapeutic programs and are not able to support struggling teens seeking behavior or mental health outcomes.

Applications are carefully considered and screened to align with these criteria. It is not uncommon for GLA to require supporting documentation or information in the application screening process to confirm eligibility or suitability for program participation. Failure to disclose full medical history may also result in the application not being accepted, additional fees, and/or removal from the program. Please discuss with our team for any further clarification or concerns and visit **https://www.experiencegla.com/policies/essential-eligibility-criteria/** to view the full essential eligibility criteria list.

WE'RE HERE TO HELP

CONTACT US | Want to learn more about Global Leadership Adventures and our available programs? Our Admissions Team has expertise and insights into our slate of program offerings, and we're happy to answer any questions you might have. We have collectively visited or staffed many of our GLA programs around the world, and we have advice to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.

ENROLL NOW | We encourage you to enroll on your 1st choice program as early as you can! In fact, our most popular programs fill up early every year, and many students end up putting off the quick and easy application process only to end up on the waiting list. The best way to ensure that you save your spot is to place your deposit and apply early. You can easily enroll online at **www.experiencegla.com/enroll.**