Global Leadership Adventures

2026 PROGRAM CATALOG





Welcome to all future teen travelers!

It's a rare and special thing to look back after twenty years and see all that's grown from those first Global Leadership Adventures summers. We've been at this long enough to hear from people who joined GLA as teens and now, as adults, reach out to tell us how their summer with us shaped the way they see the world and the path they've taken since. Hearing that never loses its impact and reminds us how many people have helped shape GLA along the way, from our team to the community partners who make these experiences possible.

Across the world, many of those partners, mentors and families have continued to share their generosity and insight with new generations of students. Some have been with us since the beginning, guiding how we approach service learning and helping define what GLA stands for today. The trust and collaboration built through those long-standing relationships remain at the heart of everything we do.

As we look toward summer 2026, we're excited to keep building on that foundation. We're adding new destinations and programs that offer new ways to engage with the world while helping students grow as global citizens at a time when connection, compassion and cross-cultural understanding matter more than ever. Our internships are also growing, offering hands-on learning while helping students build future-ready skills.

Thank you for being part of this journey. Whether you're discovering GLA for the first time or returning for another summer of adventure and impact, we're glad you're here.

Jessica Rose Miller

Executive Director, Global Leadership Adventures



OUR MISSION

is and will always be to inspire the next generation to realize their potential to transform the world and their unique role in it.

Certified
PEOPLE USING BUSINESS AS A FORCE FOR GOOD
B Corporation

ABOUT GLA

At Global Leadership Adventures, we believe mindful travel has the power to transform young lives. Our programs go beyond seeing a new place. They combine meaningful service, hands-on learning and thoughtful curriculum that inspire students to grow as mindful global citizens.

GLA offers a fresh approach to service-learning and exploration abroad for curious, socially-minded teens. Our goal is to provide life-changing experiences that cultivate open-mindedness, leadership and a global perspective, empowering students to make a positive impact both abroad and in their own communities. We offer programs across Africa, Asia, Europe and the Americas for students ages 11-18.

For over 20 years, GLA has been at the forefront of transformative teen travel. In that time, more than 30,000 students have embarked on life-changing journeys in 30 countries worldwide, collectively contributing over 1 million service hours to support locally-driven community goals. From protecting marine ecosystems to addressing local public health challenges, our students have made a meaningful difference while developing the confidence, empathy and skills to lead with purpose.



HOW TO USE THIS PROGRAM CATALOG

Our 2026 catalog is digitized, mobile-friendly and highly interactive. Click through the Table of Contents to navigate directly to your program of choice and easily request program itineraries or view more information on our website with the click of a button.

Near the front of the catalog, you will find sections on what we like to call **The GLA Difference.** Here, you can learn more about our **5-Point Safety System**, our proprietary leadership curriculum, our various lodging types and more about what your Global Leadership Adventures experience will look like.

Following the introductory pages, you will find more information about our various academic program and internship themes and a program and internship comparison chart where you and your family can compare the various offerings that GLA will be heading to this upcoming Spring and Summer.

Under each program listing you will find:

- Program highlights
- Program theme
- Tuition, duration, age range, service hours and lodging type
- Button to visit the website program page to view session dates, sample itineraries and more

Throughout this catalog, you will see some of our program sessions marked with a ⭐. These are our 21-Day Programs. GLA participants have reported that our 21-Day Programs offer the optimal amount of time to develop friendships with locals and their peers, make a more significant impact on the community and fully immerse themselves in the culture. Our 21-Day Programs provide more weekend excursions, volunteer service opportunities and leadership training than are available on our shorter programs.

At the back of the catalog, you'll find instructions on how to enroll in a program on our website. You can also call us anytime during office hours for help enrolling at **(858) 771-0645.**



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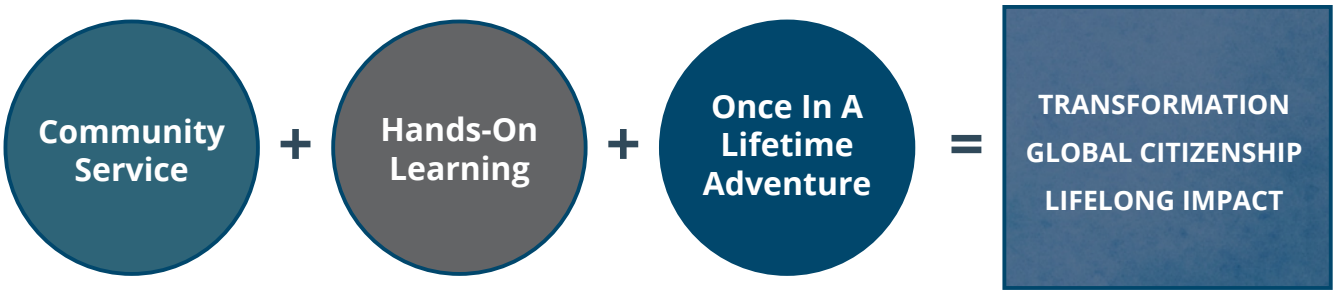
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LEADERSHIP & INTENTIONAL PROGRAM DESIGN

GLA programs create ambitious, ethical leaders.

We believe leaders are made, not born and that leadership is a life skill meant to be developed. From exploring different leadership styles to encouraging students to step out of their comfort zone and take on responsibilities within the group, GLA weaves its leadership curriculum throughout all aspects of the experience. Every site visit, cultural workshop and community service project brings an opportunity to put new skills into practice. Students exercise their leadership potential intelligently and compassionately, using this framework to shape their personal development and deepen their understanding of the wider world.





Every GLA program is crafted with intention.

Our programs aren't vacations, though there's no shortage of fun to be had, but rather journeys with many layers.



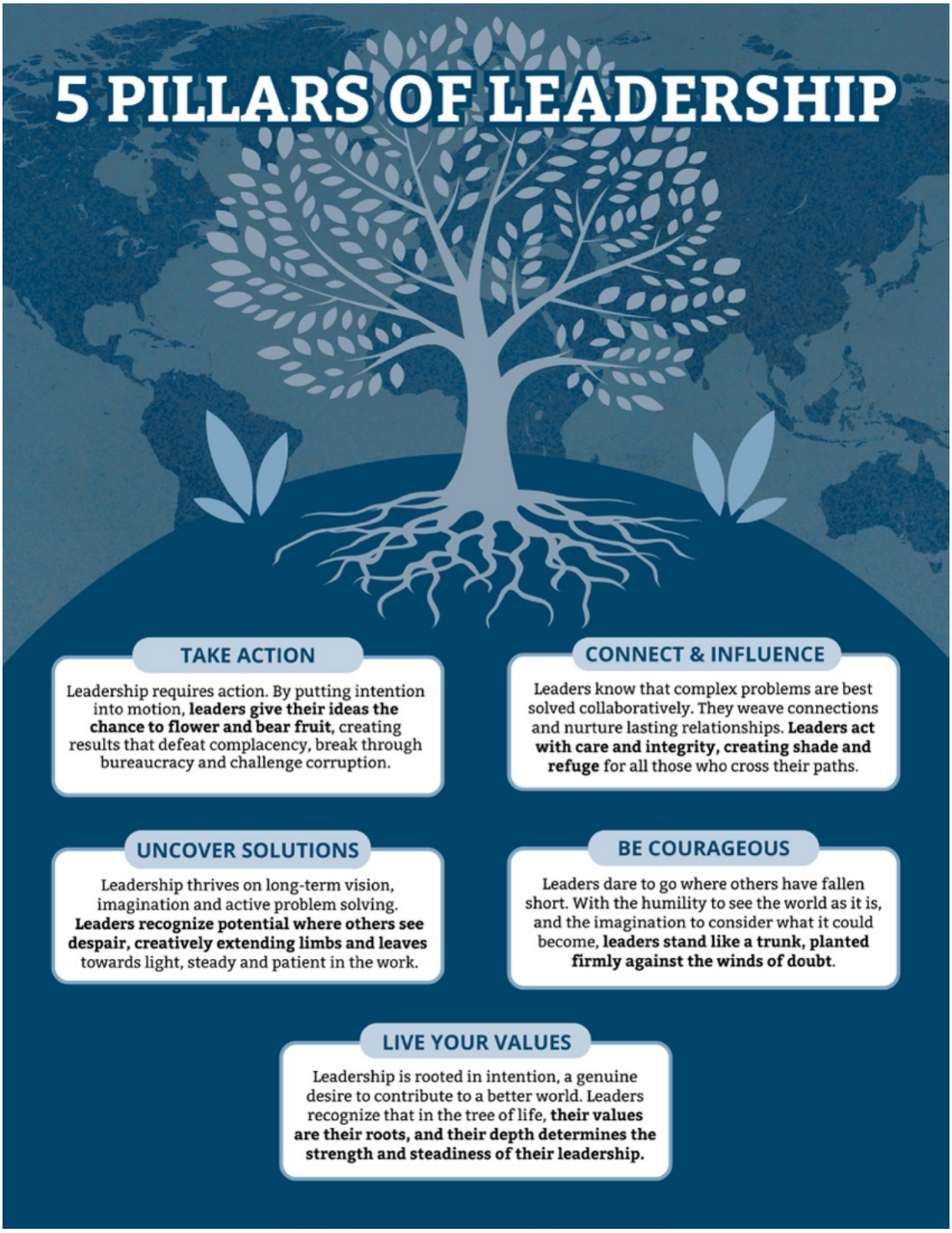
No adventure excursion is just for fun. All activities are carefully selected to maximize enjoyment and align with our program learning objectives, allowing us to deliver a cohesive and meaningful experience. Every activity is an opportunity to learn about ourselves and the world. Get up close with marine life on a snorkeling excursion, then hear from a local expert on the impact of ocean pollution in the region. Immerse yourself in local culture through cooking and art workshops, then reflect on how these values influence our interactions with the community at our service site.

Each activity, discussion and service project works in harmony to add depth and quality to the experience, far beyond what you'd find in a typical trip or camp.



Learn to lead “The GLA Way”

The GLA Leadership Curriculum™ consists of the following five branches that are brought to life on every program through engaging discussions, role plays and interactive activities tailored to each program.





THE GLA DIFFERENCE

5-POINT SAFETY SYSTEM™

Safety is our top priority. While we encourage students to step outside their comfort zones, our **5-Point Safety System™** supports their health and well-being at every stage of the journey. These rigorous standards are woven into all GLA programs, providing peace of mind for students and families alike.

Safe, Secure Lodging

Our GLA Home Base is a welcoming hub for rest, reflection and team building after active days.

Caring Supervision & Expert Local Knowledge

GLA policy is for no student to ever be by themselves outside of the Home Base. Our 6:1 student-to-staff ratio, buddy system and expert local partners provide attentive guidance and support.

Safe Transportation

From airport pickup to daily travel, students are transported safely by licensed drivers or supervised public transit, depending on location.

Healthy Meals & Pure Water

Healthy, balanced meals are prepared fresh daily by Home Base staff or vetted restaurants. Students will enjoy a mix of local cuisine and common staples.

24/7 Support & Emergency Response:

You will have access to a 24/7 dedicated hotline and on-the-ground support while your group is en route and at its destination. In case of emergency, we activate local resources, provide evacuation and secondary medical insurance for those traveling internationally and professional medical support is available to our teams 24/7 when specialized guidance is needed.

FULL PARENTAL SUPPORT

We understand it can be challenging to entrust your child to others, that's why we provide superior support every step of the way.

Pre-Departure: Our team assists with flight bookings, passport and visa guidance, and full access to the GLA Travel Portal.

In-Country: Parents receive peace of mind with a 24-hour emergency hotline, direct communication in case of emergencies or major changes and regular blog updates with photos and stories from the field.

Post-Program: We follow up with every family for feedback and share opportunities for continued alumni engagement.

EXPERT STAFF

GLA's program staff are passionate educators and teen experts.

We hire knowledgeable, responsible and engaging individuals because we know that the right leaders make all the difference in creating a safe, comfortable and inclusive learning environment. Students are guided by Program Directors and Mentors with years of professional experience working with youth.

More than 60% of our Directors and Mentors return year after year with some for as many as seven years helping to bring consistency, expertise and heart to each program. In addition, **over 85% of our Local Directors return to help lead programs**, ensuring every experience benefits from authentic cultural insight and a strong connection to the host community.



Our team includes former Peace Corps volunteers, alumni of renowned educational institutions and seasoned travelers adept at facilitating cross-cultural exchange. Whatever their background, our staff transform a program from a simple trip into a life-changing journey.

HOME BASE LODGING

We provide lodging that's out of the ordinary.

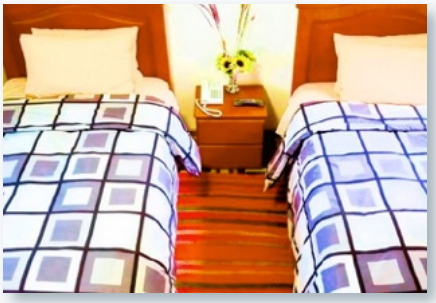
On a GLA adventure, you might stay in a zen-like ecolodge in the lush Caribbean jungle, a traditional Lapa or dorm-style rooms in a campus setting.



EXCLUSIVE HOTEL BLOCK
These may resemble large Western hotels back home or be smaller, locally-owned properties where we stay in an exclusive floor or wing.



RUSTIC VILLAS
Detached structures that offer comfortable living with plenty of open space.



COZY GUESTHOUSE
Modest properties in a cozy setting where students may interact with their host, eat together and share common areas.



ENCLOSED COMPOUND
Several buildings in a gated enclosure, often including detached guest quarters and a separate dining area in an intimate space.



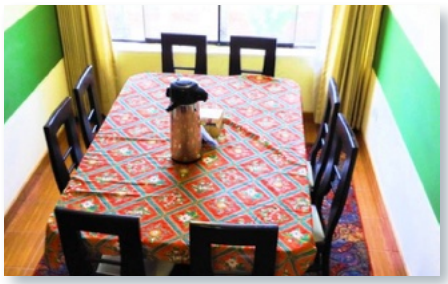
TRADITIONAL BUNGALOWS
Detached structures, often featuring open-air construction in remote locations, close to nature and the local culture.



ECOLODGE
Remote residences located in natural environments, with hosts who emphasize harmony with the local environment.



DORM-STYLE
Classic dorm rooms on a college-like campus. May feature bunk beds, common spaces and shared amenities.



BED & BREAKFAST
Homey, quaint accommodations with a cozy atmosphere, comfy beds and inviting common spaces.



CAMPING
Sleep overnight in tents. Expect sleeping bags, campfires and ample time outdoors.

LOCAL PARTNERS

Partnerships pave the path to sustainable development.

At GLA, we recognize that working with local partners is a fundamental part of effective community service and responsible travel. Our partners provide critical context that only a resident can give, and grant our students insider access to authentic experiences. GLA's local partners are a core part of our global family, and many have been working with us for years. Students interact with and learn from partners, ranging from founders of NGOs to local educators, host families and area experts.





FELLOWSHIPS



Global Leadership Adventures Fellowships allow academically and creatively gifted students to build on their GLA program experience with a curriculum that highlights and recognizes their achievements. **Beyond the core GLA journey, Fellows take on an additional layer of learning and reflection, culminating in a meaningful final project.** The majority of the work happens after the program, with optional yet recommended pre-program coursework to complete before departure.

Fellows are typically high-achieving high school students—motivated, eager to go the extra mile and committed to producing thoughtful projects that reflect both their skills and their GLA experience. All successful Fellows receive personalized feedback, a Certificate of Achievement and other tokens of recognition to help them with the next stage of their academic or artistic journey.

Arts & Letters Fellowship

The Arts & Letters Fellowship challenges students to translate their GLA experience into a creative work of art. Fellows choose a concentration in Creative Writing, Photography or Videography, and use their travels as inspiration to tell a story with depth and meaning. Whether it's a short story, documentary film or photographic journal, this fellowship encourages students to grow as artists and storytellers while reflecting on the cultural immersion, service and adventures they've experienced.

Honors Fellowship

The Honors Fellowship is designed for students eager to think critically about global issues through an academic lens. Fellows select a concentration in Animal & Wildlife Conservation, Community Development, Environmental Stewardship or Medicine & Public Health, then craft a critical essay rooted in their program experience. This fellowship deepens students' understanding of real-world challenges and empowers them to connect their passions with the work of creating positive change.

Service Fellowship

The Service Fellowship allows students to build on their volunteer work during their GLA program by earning an additional 24 to 40 certified service hours through deeper reflection and analysis of their impact. While in-country, Fellows are guided through a five-step impact design process that begins with defining their mission and ends with assessing its outcomes. They are supported with structured reflection activities and resources that help them connect their service learning with the larger global context of the issues they explored. This process leads to a final impact report that documents how their service contributed to local goals and their own growth as changemakers.

All GLA Fellowships are self-driven, designed for determined young creatives and thinkers who want to push themselves beyond the standard experience. They provide a unique opportunity to turn travel into a lasting contribution, whether through art or analysis.





PROGRAM THEMES

Program and internship themes give you the chance to explore a topic tied to your future career, studies or personal passions. For some, themes guide the choice of program. For others, they help refine the kind of experience they're seeking. Themes shape service projects, immersive learning and Mentor-led discussions, offering a path to self-discovery and core learning objectives.



ANIMAL & WILDLIFE CONSERVATION

Observe and protect animals in their natural habitats, national parks, or shelters. Take care of the environment that supports animals by working on projects to clear invasive species, collaborate with experts, and spend time up-close and personal.



BUSINESS & ENTREPRENEURSHIP

Learn from social entrepreneurs on how ideas can become enterprises that create change. Explore how business models can be used to solve challenges, strengthen communities and promote sustainability.



COMMUNITY DEVELOPMENT

Work on projects that directly impact local children and other members of the community. From school infrastructure to playground restoration to recreational space refurbishment, you'll help create safe, shared spaces for community members of all ages to learn and play.



ENVIRONMENTAL STEWARDSHIP

Be a steward for the environment by participating in projects that contribute to environmental protection. Collect biodiversity data, reduce ocean contamination, advocate for conservation or restore natural habitats.



LANGUAGE IMMERSION

Learn the language of your host country through local immersion and mentored study. Take classes tailored to your skill level. Use your new language skills to get to know locals in your host community.

LEADERSHIP & EXPLORATION

Broaden your horizon by exploring a wide variety of themes and developing your unique leadership style along the way. These programs are for those with diverse interests who want to explore several topics during their time abroad.

MEDICINE & PUBLIC HEALTH

Learn what health and healthcare look like in underserved communities abroad. This could mean preventive community education, hygiene advocacy, shadowing medical students, assisting in pop-up clinics, collecting diagnostic information or learning from medical professionals.

OUTDOOR ADVENTURE

Raft wild rivers or camp under the stars while developing leadership skills through immersive experiences in nature. Embrace the challenge of pushing beyond your comfort zone while connecting with locals.

SCIENCES & STEM

Gain hands-on experience in one or more of the STEM fields: science, technology, engineering and mathematics. We encourage students to critically approach challenges through the lenses of science and technology, helping solve issues in their Home Base communities.

SPORTS LEADERSHIP

Help improve sports infrastructure in shared community spaces, facilitate pick-up games with local kids, or use sports as a way to build bridges across cultural and social activities.

YOUTH & EDUCATION

Tutor and mentor youth both in and outside the classroom. Be a friend and role model to the youngest generation. Leave a lasting impact on the community through infrastructure improvements at local schools.



PROGRAM COMPARISON CHART

Animal & Wildlife Conservation
Business & Entrepreneurship
Community Development
Environmental Stewardship
Language Immersion
Leadership & Exploration
Medicine & Public Health
Outdoor Adventure
Sciences & STEM
Sports Leadership
Youth & Education

Program	Program Theme	Length	Ages	Service Hours	Service Level	Activity Level	Remote Level
INTERNSHIPS							
BALI: Career Exploration In Business & Sustainability		21	14-18	36	Light	Medium	Medium
COSTA RICA: Career Exploration In Environmental Stewardship		21	14-18	36	Light	Medium	Medium
EUROPE: Career Exploration in International Business, Law & Global Innovation		21	14-18	10	Light	Light	Light
PERU: Career Exploration In Medicine & Health		21	14-18	36	Heavy	Heavy	Medium
PERU: Career Exploration In STEM		21	14-18	36	Heavy	Heavy	Medium
THAILAND: Career Exploration In Medicine & Health		21	14-18	24	Light	Medium	Medium
SERVICE LEARNING PROGRAMS							
BALI: Education & Marine Adventure™ - 14 day		14	14-18	24	Light	Medium	Medium
BALI: Education & Marine Adventure™ - 21 day		21	14-18	36	Light	Medium	Medium
BALI: Island Health Expedition - 14 day		14	14-18	24	Light	Medium	Medium
BALI: Island Health Expedition - 21 day		21	14-18	36	Light	Medium	Medium
COSTA RICA: Animal Rescue & Veterinary Project		14	14-18	35	Heavy	Medium	Medium
COSTA RICA: Beachside Service Adventure		9	14-18	16	Light	Medium	Medium
COSTA RICA: Marine Conservation & Sea Turtle Expedition™ - 14 day		14	14-18	35	Heavy	Medium	Heavy
COSTA RICA: Marine Conservation & Sea Turtle Expedition™ - 21 day		21	14-18	50	Heavy	Medium	Heavy
COSTA RICA: Medicine & Healthcare Discovery		14	14-18	30	Medium	Medium	Light
COSTA RICA: Middle School Service Adventure		10	11-14	20	Medium	Medium	Medium
COSTA RICA: Ocean & Wildlife Conservation Adventure		14	14-18	35	Heavy	Medium	Medium
COSTA RICA: Spanish Service & Education Adventure		14	14-18	20	Light	Medium	Medium
COSTA RICA: Ultimate Spanish Service & Education Adventure		21	14-18	30	Light	Medium	Medium
COSTA RICA: Spring Break Service Adventure		7	14-18	12	Light	Medium	Medium
COSTA RICA: Surf, Sports, & Sustainability Adventure		12	14-18	20	Medium	Heavy	Heavy

PROGRAM COMPARISON CHART, CONTINUED

Animal & Wildlife Conservation
Business & Entrepreneurship
Community Development
Environmental Stewardship
Language Immersion
Leadership & Exploration
Medicine & Public Health
Outdoor Adventure
Sciences & STEM
Sports Leadership
Youth & Education

Program	Program Theme	Length	Ages	Service Hours	Service Level	Activity Level	Remote Level
DOMINICAN REPUBLIC: Global Health Initiative™		14	14-18	42	Heavy	Medium	Heavy
EUROPE: The STEM Experience		12	14-18	5	Light	Light	Light
EUROPE FOR OLDER TEENS: Mediterranean Wanderlust		12	16-19	10	Light	Light	Light
GALAPAGOS: Preserving Nature's Wonders™		14	14-18	26	Light	Heavy	Light
GHANA: Children of Africa		14	14-18	40	Heavy	Medium	Heavy
GHANA: Roots of West Africa		21	14-18	60	Heavy	Medium	Heavy
GREECE: Mediterranean Cities & Islands Expedition™		12	14-18	10	Light	Medium	Light
GREECE: Turtle & Conservation Adventure		14	14-18	25	Light	Heavy	Light
GUATEMALA: Children of the Maya™		12	14-18	25	Medium	Medium	Medium
GUATEMALA: Global Health in the Land of the Maya		12	14-18	25	Medium	Medium	Medium
HAWAII: Island Service Adventure		10	14-18	20	Medium	Medium	Light
ITALY: Italian Odyssey - Rome, Florence & Venice		10	14-18	5	Light	Light	Light
JAPAN: Cultural Kaleidoscope		14	14-18	16	Light	Light	Light
PERU: Foundations of Global Health™		14	14-18	35	Heavy	Medium	Light
PERU: Service Expedition in the Sacred Valley™		14	14-18	25	Heavy	Heavy	Medium
SOUTH AFRICA: Safari & Conservation Expedition™ - 14 day		14	14-18	40	Heavy	Heavy	Medium
SOUTH AFRICA: Safari & Conservation Expedition™ - 21 day		21	14-18	60	Heavy	Heavy	Medium
SPAIN: Coast to Coast Adventure		10	14-18	5	Light	Light	Light
SPAIN: Spanish Language Experience		14	14-18	20	Light	Medium	Light
TANZANIA: Heart & Soul of Kilimanjaro™		14	14-18	30	Medium	Medium	Medium
THAILAND: Elephants, Education & Cultural Discovery		14	14-18	30	Medium	Light	Medium
UTAH: River Rafting & Canyon Adventure		10	14-18	20	Medium	Heavy	Heavy

INTRODUCTION TO SERVICE LEARNING ADVENTURES & INTERNSHIPS



Service Learning Adventures & Internships
Students looking to explore the world with purpose can choose from two transformative paths: Service Learning Adventures or Internships. Both offer the chance to connect with communities, experience new cultures and grow as a leader through meaningful, hands-on learning. Each program includes time for adventure too, like exploring beautiful landscapes, wandering through lively towns and heading out on exciting excursions along the way.

On a **Service Learning Adventure, you'll join volunteer projects connected to a specific academic program theme.** These experiences combine service, cultural discovery and adventure, helping you understand local and global issues while growing in confidence and perspective.

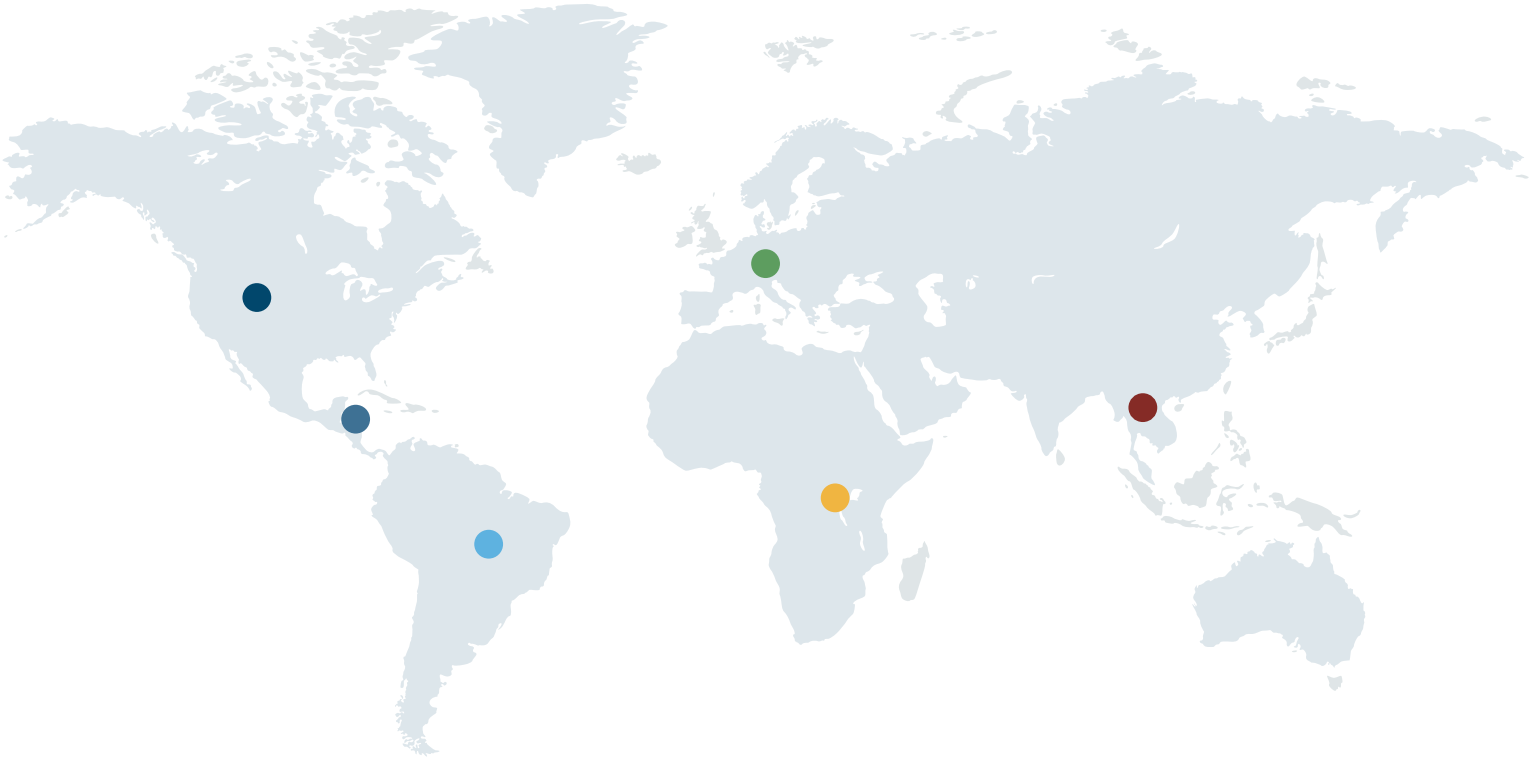
Internships take that same spirit of exploration a step further. You'll work alongside a host organization abroad, developing practical skills and contributing to community projects that make a difference.

Interns complete a minimum of 60 contact hours that include fieldwork, service learning, professional development and self-study. Each day brings opportunities to collaborate with mentors, gain insight into the organization's work and connect with professionals in the field. By the end, you'll present your final project and come away with a letter of recommendation and the option to earn college credit through an accredited university.

Both paths give you the chance to challenge yourself, see the world from new angles and learn through real experiences.

Choose your own adventure:
As you browse this catalog, think about what excites you most: destinations, themes, or a specific field of interest. Middle and high school students are invited to enroll in either a Service Learning Adventure or an Internship. Just check the age range for your desired program before signing up.

DESTINATIONS





United States

Hawaii
Utah



Europe

Belgium
France
Germany
Greece
Italy
Switzerland
UK



Central America & The Caribbean

Costa Rica
Dominican Republic
Guatemala



Africa

Ghana
South Africa
Tanzania



South America

Galapagos
Peru



Asia

Bali
Japan
Thailand

CENTRAL AMERICA & THE CARIBBEAN





COSTA RICA:
SPRING BREAK SERVICE ADVENTURE

ENVIRONMENTAL STEWARDSHIP

Make a meaningful impact this spring break as you experience the culture of Costa Rica and its *pura vida* lifestyle while giving back to a rural beach community and the ecosystem.



7 DAYS

March 14 – March 20, 2026
March 21 – March 27, 2026
March 28 – April 03, 2026
April 04 – April 10, 2026

- **Tuition: $2,999**
- **Service Hours: 12**
- **Ages: 14-18**
- **Lodging:**
  Exclusive Hotel Block

View Website Page





PROGRAM HIGHLIGHTS

- Visit a sea turtle hatchery
- Practice your Spanish as you engage with locals around town
- Zipline through the lush forest canopy
- Enjoy the ocean via catamaran and snorkel among marine life
- Experience Costa Rican culture through cooking classes, dance lessons and more



COSTA RICA:
MIDDLE SCHOOL SERVICE ADVENTURE

LEADERSHIP & EXPLORATION

Embark on an unforgettable summer experience full of service and adventure, designed intentionally for middle school students. Work on community development projects that benefit Costa Rican youth and sustainability goals and make memories with new friends that you'll never forget!



10 DAYS

June 20 – June 29, 2026

July 03 – July 12, 2026

- **Tuition: $4,399**
- **Service Hours: 20**
- **Ages: 11-14**
- **Lodging:**
  Exclusive Hotel Block

View Website Page





PROGRAM HIGHLIGHTS

- Zipline through beautiful landscapes
- Spot birds, reptiles and other animals in Costa Rica's Central Valley
- Experience a mini food tour and taste local flavors
- Go on a chocolate tour guided by a local chocolate expert
- Enjoy a day at one of Costa Rica's picturesque beaches



COSTA RICA INTERNSHIP:
CAREER EXPLORATION IN ENVIRONMENTAL STEWARDSHIP
Focus: Biology Research & Climate Action

ENVIRONMENTAL STEWARDSHIP

Take part in a transformational travel internship exploring the wilds and wonders of the Osa Peninsula, where you'll collaborate with field researchers, study wildlife and help protect Costa Rica's natural habitats.



21 DAYS
June 27 – July 17, 2026

- **Tuition: $7,299**
- **Internship Hours: 62**
- **Service Hours: 36**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block**
- **College Credit Add-On: $750**

View Website Page

During this travel internship you will focus on three Sustainable Development Goals, including:



Explore topics related to building the case for sustainable conservation practices.

INTERNSHIP HIGHLIGHTS:

- Conduct wildlife assessments, biodiversity surveys and data collection alongside expert conservationists
- Support conservation through reforestation and habitat restoration projects
- Work with local staff and field teams to gain real-world insight into wildlife conservation
- Practice sustainable conservation while learning the balance between nature and community needs
- Explore the Osa Peninsula's rainforests and mangroves, connecting with nature and like-minded peers



COSTA RICA:
ANIMAL RESCUE & VETERINARY PROJECT

ANIMAL & WILDLIFE CONSERVATION

Support the care of animals in Costa Rica, a natural haven for both domestic and wild creatures.



14 DAYS

July 06 – July 19, 2026

July 24 – August 06, 2026

- **Tuition: $5,599**
- **Service Hours: 35**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block & Enclosed Compound**

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PROGRAM HIGHLIGHTS

- Engage in hands-on volunteer work alongside veterinarians and gain first-hand experience in a surgical setting
- Help care for dogs and cats (and maybe a few other species!) at a rescue center
- Relax on a catamaran and snorkel through wildlife-rich waters
- Zipline and hike through lush valleys
- Take a dip in hot springs known for healing properties



COSTA RICA: BEACHSIDE SERVICE ADVENTURE

LEADERSHIP & EXPLORATION **ENVIRONMENTAL STEWARDSHIP**

Discover an unforgettable adventure in Costa Rica and experience what locals call "Pura Vida" — the pure life — while contributing to a meaningful service project in a rural beach community.



9 DAYS

June 06 – June 14, 2026
June 18 – June 26, 2026
June 29 – July 07, 2026
July 11 – July 19, 2026
July 23 – July 31, 2026
August 03 – August 11, 2026

- **Tuition: $3,399**
- **Service Hours: 16**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block**

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PROGRAM HIGHLIGHTS

- Live in and explore a coastal village near a beautiful beach
- Volunteer on community development or environmental conservation projects
- Go tubing down the spectacular Rio Negro river and zipline through the forest canopy
- Engage with grassroots organizations led by local community leaders
- Enjoy a catamaran excursion and snorkel among wild marine life



TOP RATED
High School
Costa Rica
2025

COSTA RICA:

MARINE CONSERVATION & SEA TURTLE EXPEDITION™

ANIMAL & WILDLIFE CONSERVATION ENVIRONMENTAL STEWARDSHIP

The beaches of Costa Rica, from the Caribbean to the Pacific, are yours to explore this summer. Discover what you can do for the future of our planet as you learn about sea turtle conservation and ocean stewardship on our 14-Day or 21-Day program.



14 DAYS
June 14 – June 27, 2026
July 01 – July 14, 2026
July 18 – July 31, 2026

⭐ 21 DAYS
June 21 – July 11, 2026
July 17 – August 06, 2026

- **Tuition: $5,399 / $6,699**
- **Service Hours: 35 / 50**
- **For Ages: 14-18**
- **Lodging: Ecolodge**

View Website Page





PROGRAM HIGHLIGHTS

- Explore the Caribbean and Pacific coasts and enjoy ample beach time
- Support a sustainable sea turtle hatchery
- Go boating through bioluminescence
- Zipline through the forest
- Live in multiple beach communities and work with organizations protecting sea turtle populations
- Hike around the spectacular Irazú Volcano
- Discover the Osa Peninsula, famous for its stunning biodiversity (21-day program only)



TOP RATED
High School
Costa Rica
2025

COSTA RICA:
MEDICINE AND HEALTHCARE DISCOVERY

MEDICINE & PUBLIC HEALTH

Explore your passion for medicine and public health in the heart of Costa Rica while immersing yourself in hands-on experiences and unforgettable adventures.



14 DAYS
June 12 – June 25, 2026
June 28 – July 11, 2026
July 15 – July 28, 2026

- **Tuition: $5,399**
- **Service Hours: 30**
- **For Ages: 14-18**
- **Lodging:**
  Cozy Guesthouse

View Website Page





PROGRAM HIGHLIGHTS

- Work with local healthcare professionals and collaborate on initiatives to support children and the elderly
- Support ophthalmologists with vision test screenings in local elementary schools
- Assist local physical therapy professionals in elder care centers and nursing homes
- Help facilitate a dental health workshop
- Experience the thrill of whitewater rafting down the Pejibaye River beautiful waterfalls and beaches
- Explore a national park, hike around a volcano and through valleys and zipline through the treetops



TOP RATED
High School
Costa Rica
2025

COSTA RICA:

OCEAN & WILDLIFE CONSERVATION ADVENTURE

ENVIRONMENTAL STEWARDSHIP ANIMAL & WILDLIFE CONSERVATION

Become a steward for wildlife and their habitats through sustainability, environmental protection and coastal conservation efforts in the biodiverse Puntarenas Province region of Costa Rica.



14 DAYS
June 19 – July 02, 2026
July 06 – July 19, 2026
July 23 – August 05, 2026

- **Tuition: $5,199**
- **Service Hours: 35**
- **For Ages: 14-18**
- **Lodging: Ecolodge**

View Website Page





PROGRAM HIGHLIGHTS

- Contribute to environmental restoration and conservation projects that protect vital habitats
- Support the well-being of rescued wildlife with a local organization focused on animal welfare and protection
- Go on an epic boat excursion to spot marine wildlife
- Zipline through the forest canopy
- Visit world-famous Manuel Antonio National Park, home to nearly 300 species of mammals and birds
- Learn from marine biologists and park experts about their vital conservation efforts



COSTA RICA:
SPANISH SERVICE & EDUCATION ADVENTURE

LANGUAGE IMMERSION YOUTH & EDUCATION

Costa Rica is your classroom! Practice Spanish through meaningful community immersion and hands-on learning while experiencing the adventure of a lifetime.



14 DAYS
June 17 – June 30, 2026

- **Tuition: $5,399**
- **Service Hours: 20**
- **Language Hours: 25**
- **For Ages: 14-18**
- **Lodging: Multiple**

View Website Page





PROGRAM HIGHLIGHTS

- Take your Spanish to the next level through an immersion program at a local language school
- Soar through the rainforest canopy on a zipline adventure
- Visit a beautiful waterfall tucked in the Costa Rican rainforest
- Explore the critical role of education and community development in shaping Costa Rica's future
- Enjoy natural thermal hot springs at Arenal Volcano



TOP RATED
High School
Costa Rica
2025

COSTA RICA:

ULTIMATE SPANISH SERVICE & EDUCATION ADVENTURE

LANGUAGE IMMERSION **COMMUNITY DEVELOPMENT**

Experience Costa Rica's thrill and beauty on the ultimate Costa Rican adventure while practicing Spanish through meaningful service and hands-on learning.



21 DAYS
July 06 – July 26, 2026

- **Tuition: $6,499**
- **Service Hours: 30**
- **Language Hours: 35**
- **For Ages: 14-18**
- **Lodging: Multiple**

View Website Page





PROGRAM HIGHLIGHTS

- Take your Spanish to the next level through an immersion program at a local language school
- Protect an endangered sea turtle nesting beach
- Soar through the rainforest canopy on a zipline adventure
- Visit a waterfall and hot springs
- Explore the critical role of education and community development in shaping Costa Rica's future
- Take an overnight rafting excursion on the Pacuare River



TOP RATED
High School
Costa Rica
2025

COSTA RICA:
SURF, SPORTS & SUSTAINABILITY ADVENTURE

SPORTS LEADERSHIP **ENVIRONMENTAL STEWARDSHIP**

Experience Costa Rica's Pura Vida as you surf world-class waves, support local environmental stewardship efforts and build connections through sports.



12 DAYS
June 15 – June 26, 2026
June 30 – July 11, 2026
July 15 – July 26, 2026

- **Tuition: $4,999**
- **Service Hours: 20**
- **For Ages: 14-18**
- **Lodging: Ecolodge**

View Website Page





PROGRAM HIGHLIGHTS

- Surf waves, join pick-up games, practice yoga and stay active with daily wellness activities
- Learn about sustainable farming and explore local environmental initiatives in action
- Help run a community sports day with local children and families
- Contribute to ecological restoration projects
- Zipline through the treetops and tube down a river along lush canyons
- Explore the coast by catamaran and snorkel among diverse marine life



GUATEMALA: CHILDREN OF THE MAYA™

YOUTH & EDUCATION

With stunning landscapes, warm hospitality and rich Maya culture, Guatemala offers adventure and the chance to make a meaningful difference for local children and your host community.



12 DAYS
June 17 – June 28, 2026

- **Tuition: $3,599**
- **Service Hours: 25**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Support education initiatives at local Guatemalan public schools
- Journey across the world-famous Lake Atitlán and take in sweeping views
- Attend a traditional ceremony led by a Maya shaman
- Zipline through Guatemala's scenic mountains
- Learn traditional weaving techniques from master artisans and sample local delicacies at a chocolate museum



GUATEMALA:
GLOBAL HEALTH IN THE LAND OF THE MAYA

MEDICINE & PUBLIC HEALTH

Work alongside Guatemalan doctors in a rural school to support public health access for indigenous communities. Immerse yourself in Guatemala's diverse cultures, traditions and ancient history in the land of the Maya.



12 DAYS
June 17 – June 28, 2026

- **Tuition: $3,599**
- **Service Hours: 25**
- **For Ages: 14-18**
- **Lodging:**
  Enclosed Compound

View Website Page





PROGRAM HIGHLIGHTS

- Gain hands-on healthcare experience in a rural Indigenous school
- Be trained by medical professionals, learn basic first aid and get CPR certified
- Shadow medical professionals and observe best practices in healthcare
- Learn traditional weaving techniques from master artisans and sample local delicacies at a chocolate museum
- Venture across sacred Lake Atitlán, one of the most beautiful lakes in the world



DOMINICAN REPUBLIC: GLOBAL HEALTH INITIATIVE™

MEDICINE & PUBLIC HEALTH

Travel to a Caribbean paradise where global health challenges are prevalent and partner with rural Dominican communities to support medical, educational and developmental needs.



14 DAYS
June 20 – July 03, 2026
July 07 – July 20, 2026

- **Tuition: $4,999**
- **Service Hours: 42**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Learn about global health challenges and your role as a future health worker
- Work alongside local medical professionals to provide critical medical care in rural communities
- Swim in majestic cenotes and zipline in lush tropical forests
- Go for a spectacular boat ride and snorkel in the crystal blue seas
- Explore the vibrant mountain town of San Francisco De Macoris and tour a local medical university

SOUTH AMERICA

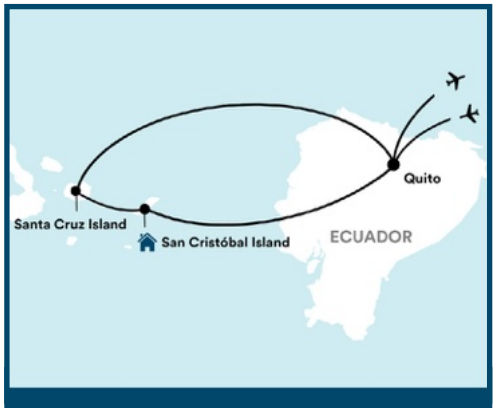




GALAPAGOS: PRESERVING NATURE'S WONDERS™

ANIMAL & WILDLIFE CONSERVATION

Encounter exotic species of island and marine life found nowhere else in one of the most iconic ecosystems in the world.



14 DAYS
June 20 – July 03, 2026
July 06 – July 19, 2026
July 23 – August 05, 2026

- **Tuition: $6,299**
- **Service Hours: 26**
- **For Ages: 14-18**
- **Lodging: Multiple**

View Website Page





PROGRAM HIGHLIGHTS

- Help restore the natural habitat of native Galapagos tortoises
- Explore the natural wonders of two stunning Pacific islands
- Snorkel with sea lions and spot iguanas, sea turtles and blue-footed boobies
- Stand at the equator, where the Northern and Southern Hemispheres meet



PERU INTERNSHIP: CAREER EXPLORATION IN STEM

Focus: Engineering & Sustainable Development

SCIENCES & STEM **OUTDOOR ADVENTURE**

Embark on a transformative STEM journey in Peru, where science meets adventure and curiosity unlocks the mysteries of ancient South American landscapes.



21 DAYS

June 27 – July 17, 2026

- **Tuition: $7,299**
- **Internship Hours: 60**
- **Service Hours: 36**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block**
- **College Credit Add-On: $750**

View Website Page

During this travel internship you will focus on three Sustainable Development Goals, including:



Explore topics related to building the case for clean water and sustainable innovation practices.

INTERNSHIP HIGHLIGHTS:

- Engage in water conservation projects in rural communities, and explore current challenges and how science and technology can help solve them
- Learn from experienced professionals about ancient Inca engineering and how it's still relevant today
- Spend a night in a traditional artisanal village with a Quechua host and learn about Andean traditions
- Immerse yourself in authentic Peruvian cultural activities in nearby highland communities
- Embark on a two-day expedition to Machu Picchu and camp among stunning mountains



PERU INTERNSHIP:
CAREER EXPLORATION IN MEDICINE & HEALTH
Focus: Foundations Of Global Health In Rural Villages

MEDICINE & PUBLIC HEALTH

Explore traditional and modern approaches to medicine in rural Peru. Visit Quechua villages to support mobile clinics, learn about natural remedies and contribute to public health projects that have real impact.



⭐ 21 DAYS
June 27 – July 17, 2026

- **Tuition: $7,299**
- **Internship Hours: 60**
- **Service Hours: 36**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block**
- **College Credit Add-On: $750**

View Website Page

During this travel internship you will focus on three Sustainable Development Goals, including:



Explore topics related to access to quality healthcare and public health initiatives for an empowered and healthy community.

INTERNSHIP HIGHLIGHTS:

- Support mobile health clinics in rural Quechua villages while learning about prevalent public health challenges and care in remote communities
- Explore the role of traditional Andean medicine
- Spend a night with a Quechua host family and experience daily life, food and customs firsthand
- Get immersed in Peruvian Andean culture through art, music and culinary workshops and hands-on community projects
- Embark on a two-day expedition to Machu Picchu and camp among snow-capped mountains



PERU: FOUNDATIONS OF GLOBAL HEALTH™

MEDICINE & PUBLIC HEALTH OUTDOOR ADVENTURE

Work on public health campaigns serving the residents of Peru's Cuzco region.



14 DAYS
June 19 – July 02, 2026
July 06 – July 19, 2026

- **Tuition: $5,199**
- **Service Hours: 35**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Gain hands-on healthcare experience in rural Quechua communities
- Explore the cobblestone streets and bustling markets of your hometown in Peru
- Meet friendly alpacas and local artisans at a nearby textile cooperative
- Participate in an earth-based ceremony with an Andean healer
- Take a train to visit the sacred citadel of Machu Picchu
- Whitewater raft through a stunning river valley



PERU:

SERVICE EXPEDITION IN THE SACRED VALLEY™

COMMUNITY DEVELOPMENT OUTDOOR ADVENTURE

Explore the ancient Inca empire while working alongside local communities to create lasting impact.



14 DAYS
June 19 – July 02, 2026
July 06 – July 19, 2026
July 24 – August 06, 2026

- **Tuition: $5,199**
- **Service Hours: 25**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Embark on a two-day expedition to Machu Picchu and camp among snow-capped peaks
- Whitewater raft through a stunning river valley
- Explore Cuzco's cobblestone streets and bustling artisan markets
- Learn about Peru's traditional agricultural, artisanal and spiritual practices from locals

AFRICA





GHANA: CHILDREN OF AFRICA

YOUTH & EDUCATION

Beating drums, children's laughter and warm greetings welcome you to become family in the heart of West Africa.



14 DAYS
June 19 – July 02, 2026
July 06 – July 19, 2026
July 23 – August 05, 2026

- **Tuition: $4,899**
- **Service Hours: 40**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

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PROGRAM HIGHLIGHTS

- Develop educational resources that will be used to tutor children at a local primary school
- Help build and refurbish school facilities
- Discuss current social issues facing Ghana's educational access
- Learn traditional African dance, batik fabric dyeing and how to play drums and percussion instruments
- Explore outdoor markets, visit striking and historic sites, experience a scenic waterfall and hike in nature



GHANA: ROOTS OF WEST AFRICA

YOUTH & EDUCATION

The rhythm of music, the depth of culture and heartfelt welcomes invite you to feel at home in the heart of West Africa.



21 DAYS
June 27 – July 17, 2026

- **Tuition: $5,999**
- **Service Hours: 60**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Develop educational resources that will be used to tutor children at a local primary school
- Help build and refurbish school facilities
- Visit the impactful Keta Slave Fort to learn about Ghana's important history
- Discuss current social issues facing Ghana's educational access
- Learn traditional African dance, batik fabric dyeing and how to play drums and percussion instruments
- Explore outdoor markets, visit striking and historic sites, experience a scenic waterfall and hike in nature



SOUTH AFRICA:
SAFARI CONSERVATION EXPEDITION™

ANIMAL & WILDLIFE CONSERVATION **OUTDOOR ADVENTURE**

Explore the front lines of wildlife conservation as you learn to track, monitor and protect South Africa's most majestic animals.



14 DAYS
July 09 - July 22, 2026

21 DAYS
July 09 – July 29, 2026

- **Tuition: $5,399 / $6,199**
- **Service Hours: 40 / 60**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Assist rangers with ongoing rhino, big cat and African elephant conservation projects
- Monitor wildlife movement on a renowned reserve
- Spot Africa's "Big Five" wild animals
- Enjoy a bonfire under the stars
- Visit the extraordinary Snake Pharm project and see how they're advancing the field of anti-venom
- Experience tribal culture and traditional storytelling
- Zipline through the Karkloof Forest reserve
- Journey to iSimangaliso Wetland Park to support hippo and crocodile conservation efforts (21-day program only)



TANZANIA: HEART & SOUL OF KILIMANJARO™

YOUTH EDUCATION OUTDOOR ADVENTURE

Explore the wonders of Tanzania, a country of rich history, diverse cultures and abundant wildlife.



14 DAYS
July 06 – July 19, 2026

- **Tuition: $5,999**
- **Service Hours: 30**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

View Website Page





PROGRAM HIGHLIGHTS

- Develop educational resources to tutor children at a local primary school
- Help build and restore school facilities
- Experience an African safari and spot zebras, lions, rhinos and more
- Learn how Tanzanian coffee is cultivated at a family-run farm
- Spend an afternoon with a Tanzanian host family
- Discuss current social issues facing Tanzanian women and children
- Try African dance, percussion and batik cloth dyeing

EUROPE





EUROPE INTERNSHIP: CAREER EXPLORATION IN INTERNATIONAL BUSINESS, LAW & GLOBAL INNOVATION

Focus: Political Science

BUSINESS & ENTREPRENEURSHIP

Explore Europe's hubs of innovation, culture and leadership in Germany, Brussels and Paris, where collaboration shapes the future.







21 DAYS

July 11 – July 31, 2026

- **Tuition: $8,999**
- **Internship Hours: 60**
- **Service Hours: 10**
- **For Ages: 14-18**
- **Lodging: Hotel Blocks & Youth Hostels**
- **College Credit Add-On: $750**

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INTERNSHIP HIGHLIGHTS:

- Tour Germany's financial and industrial centers, including the Frankfurt Stock Exchange
- Explore Heidelberg's castles and take part in leadership-focused activities
- Visit key European institutions like the EU Parliament, Council of Europe and NATO Headquarters
- Discover cultural landmarks and UNESCO sites across Strasbourg, Brussels and Paris
- Experience local traditions and cuisine, from Alsatian villages to Parisian cafés
- See Paris icons including the Eiffel Tower and the Louvre Museum



EUROPE FOR OLDER TEENS: MEDITERRANEAN WANDERLUST

LEADERSHIP & EXPLORATION

Three countries, three cultures, one unforgettable adventure. Designed for older teens ages 16–19, this epic summer journey takes you through the best of Barcelona, Paris and Rome on one incredible adventure abroad.



12 DAYS
July 09 – July 20, 2026

- **Tuition: $6,599**
- **Service Hours: 10**
- **For Ages: 16-19**
- **Lodging: Youth Hostels/Hotel Blocks**

View Website Page





PROGRAM HIGHLIGHTS

- Explore Park Güell and Sagrada Familia, Barcelona's architectural masterpieces
- Take a cooking class and prepare your own signature Spanish dishes with a local chef
- Climb the Eiffel Tower
- Take a selfie with the Mona Lisa at the Louvre
- Create your own French perfume at a private atelier du parfum
- Visit Vatican City and discover the history of this magnificent site
- Wander the awe-inspiring Colosseum and toss a coin into the iconic Trevi Fountain



GREECE:

MEDITERRANEAN CITIES & ISLANDS EXPEDITION™

LEADERSHIP & EXPLORATION

Explore Greece's multifaceted life: from ancient times to the complexities of modern life in Athens, to the picturesque coastline and spectacular sunsets of Santorini.



12 DAYS
June 15 – June 26, 2026

- **Tuition: $6,199**
- **Service Hours: 10**
- **For Ages: 14-18**
- **Lodging:**
  Exclusive Hotel Block

View Website Page





PROGRAM HIGHLIGHTS

- Visit the ancient Acropolis of Athens, a UNESCO World Heritage Site
- Sail along the caldera of Santorini in a traditional wooden boat and swim in clear waters
- Explore Crete to learn about – and taste! – Greek cuisine on a food tour and cooking class
- Dive deep into Greek culture by participating in a traditional dance night, pottery workshop and an authentic farm experience
- Participate in community service to support a meaningful local cause



GREECE:
TURTLE & CONSERVATION ADVENTURE

ANIMAL & WILDLIFE CONSERVATION **LEADERSHIP & EXPLORATION**

Learn about marine conservation and sea turtles as you explore the island of Kefalonia and the historical wonders of Athens.



12 DAYS
June 29 – July 10, 2026
July 13 – July 24, 2026

- **Tuition: $5,999**
- **Service Hours: 25**
- **For Ages: 14-18**
- **Lodging:**
  Exclusive Hotel Block

View Website Page





PROGRAM HIGHLIGHTS

- Visit the Acropolis in Athens and embark on a food tour around the city
- Explore the island of Kefalonia and learn all about Loggerhead sea turtles in the area
- Leave a positive footprint by volunteering with a local organization that supports the conservation of this magnificent species
- Learn how to conduct snorkeling surveys and collect valuable data on seafloor coverage
- Visit a bee farm to learn firsthand about bees and their contribution to sustainability worldwide



ITALY:
ITALIAN ODYSSEY - ROME, FLORENCE & VENICE

LEADERSHIP & EXPLORATION

Italy is calling! Discover delicious food, stunning architecture and rich history on this authentic Italian adventure through three of the country's most impressive cities: Rome, Florence and Venice.



10 DAYS
June 29 – July 08, 2026
July 13 – July 22, 2026

- **Tuition: $5,599**
- **Service Hours: 5**
- **For Ages: 14-18**
- **Lodging: Multiple**

View Website Page





PROGRAM HIGHLIGHTS

- Learn the age-old craft of creating your own Venetian carnival mask under the guidance of a skilled artisan
- Master the Italian art of making pizza
- Take a scenic boat ride to the charming islands of Murano and Burano
- Wander the awe-inspiring Colosseum and toss a coin into the iconic Trevi Fountain
- Enjoy three nights in the heart of the Tuscan countryside, staying in a medieval villa nestled on a charming farm. Savor dishes crafted from fresh ingredients grown right on the property!



SPAIN: COAST TO COAST ADVENTURE

LEADERSHIP & EXPLORATION

Spain awaits! Experience vibrant culture, world-famous art and Mediterranean charm on this unforgettable journey through Málaga, Madrid and Barcelona.



10 DAYS
June 21 – June 30, 2026

- **Tuition: $4,999**
- **Service Hours: 5**
- **For Ages: 14-18**
- **Lodging: Youth Hostel**

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PROGRAM HIGHLIGHTS

- Catch your first waves in a surf class on Málaga's beaches and explore the works of Picasso in his hometown
- Take part in a Spanish cooking class, mastering local flavors like tapas and paella
- Travel to Madrid and visit Retiro Park, watch a Flamenco show and join a delicious Tapas Tour
- Explore historic Toledo and zipline across the Tajo River
- Take a fast train to Barcelona where you'll visit Sagrada Familia, Park Guell and swim in the Mediterranean Sea



SPAIN:
SPANISH LANGUAGE EXPERIENCE

LANGUAGE IMMERSION

Language learning meets real-life Spain in Toledo, Madrid and Barcelona.



14 DAYS
July 05 – July 18, 2026
July 21 – August 03, 2026

- **Tuition: $5,799**
- **Service Hours: 20**
- **Language Hours: 35**
- **For Ages: 14-18**
- **Lodging:**
  Enclosed Compound,
  Youth Hostel

View Website Page





PROGRAM HIGHLIGHTS

- Improve your Spanish through language immersion
- Explore historic Toledo
- Take a Spanish cooking class and learn to make paella and tapas
- Kayak in the pristine waters of Ruidera Lakes
- Travel to Madrid and take part in a Tapas Tour and watch a Flamenco Show
- Take a fast train to Barcelona to visit Sagrada Familia and Park Güell and swim in the Mediterranean Sea

ASIA

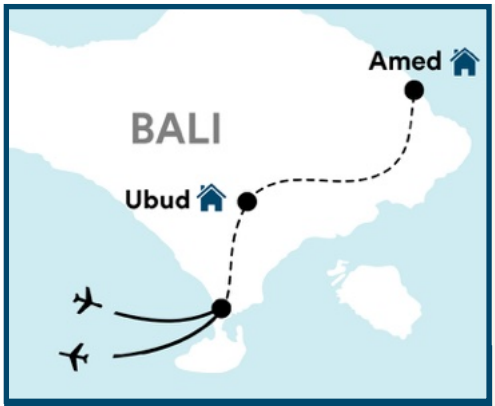




BALI INTERNSHIP:
CAREER EXPLORATION IN BUSINESS & SUSTAINABILITY
Focus: Social Entrepreneurship

BUSINESS & ENTREPRENEURSHIP

Learn how to become an Impactpreneur by collaborating with local changemakers in Indonesia to develop sustainable solutions for challenges in their communities.



21 DAYS
July 03 – July 23, 2026

- **Tuition: $7,499**
- **Internship Hours: 62**
- **Service Hours: 36**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**
- **College Credit Add-On: $750**

View Website Page

During this travel internship you will focus on three Sustainable Development Goals, including:



Explore topics related to building the case for creating impact hubs as a community resource to stimulate the local economy.

INTERNSHIP HIGHLIGHTS:

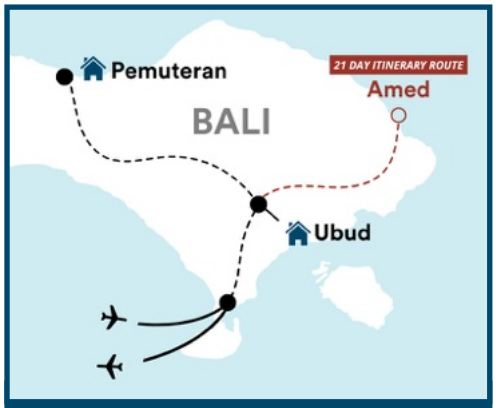
- Engage in business acumen workshops with local changemakers
- Witness behind the scenes of local startups
- Collaborate on a business proposal to solve a social challenge in Bali
- Explore the island's spiritual culture through temple visits and activities
- Have dinner at the Royal Palace
- Surf with locals in Southern Bali, a world-class surf destination
- Go on a whitewater rafting adventure



BALI: EDUCATION & MARINE ADVENTURE

YOUTH & EDUCATION

Immerse yourself in the culture of the 'Island of the Gods,' teach environmental sustainability at local schools and discover unexpected treasures across this stunning volcanic island.



14 DAYS
June 13 – June 26, 2026
July 24 – August 06, 2026

⭐ 21 DAYS
June 30 – July 20, 2026

- **Tuition: $5,499 / $6,599**
- **Service Hours: 24 / 36**
- **For Ages: 14-18**
- **Lodging: Enclosed Compound**

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PROGRAM HIGHLIGHTS

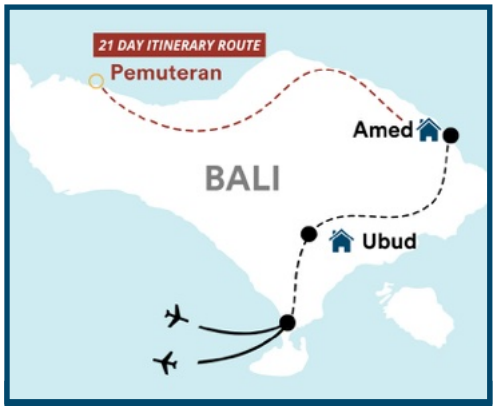
- Teach children at local Balinese schools
- Learn to scuba dive in turquoise waters
- Explore the island's spiritual culture through temple visits and activities
- Have dinner at the Royal Palace
- Visit coral restoration and sea turtle hatchery projects
- Help clean a mangrove area and support waste-sorting efforts with an NGO project
- Surf with locals in southern Bali, a world-class surf destination
- Go whitewater rafting through lush Balinese jungle (21-day program only)



BALI:
ISLAND HEALTH EXPEDITION

MEDICINE & PUBLIC HEALTH

Explore the intersection of modern medicine and traditional wisdom as you support community health projects.



14 DAYS
July 27 – August 09, 2026

⭐ 21 DAYS
June 30 – July 20, 2026

- **Tuition: $5,499 / $6,599**
- **Service Hours: 24 / 36**
- **For Ages: 14-18**
- **Lodging:**
  Enclosed Compound
  Youth Hostel

View Website Page





PROGRAM HIGHLIGHTS

- Observe how public health systems are implemented in developing communities
- Visit a natural birth clinic that works to reduce maternal and child mortality
- Have dinner at the Royal Palace
- Design and deliver health education workshops for local youth
- Snorkel over coral reefs
- Surf with locals on world-renowned waves in southern Bali
- Explore Bali's jungles on a whitewater rafting adventure and learn to scuba dive in turquoise waters (21-day program only)



JAPAN: CULTURAL KALEIDOSCOPE

COMMUNITY DEVELOPMENT

Discover the heart of Japan on a journey of culture, service and adventure that blends modern life with timeless traditions as you engage with its people, communities and heritage.



14 DAYS
June 28 – July 11, 2026
July 15 – July 28, 2026

- **Tuition: $6,599**
- **Service Hours: 16**
- **For Ages: 14-18**
- **Lodging:**
  Hotel Blocks &
  Traditional Homestay
  (Ryokan)

View Website Page





PROGRAM HIGHLIGHTS

- Kayak with Mt. Fuji as your backdrop
- Hike the forested trails of Mt. Takao
- Work alongside local farmers in Yamanashi, planting and tending rice paddies while learning about Japanese agriculture and community life
- Explore cultural gems like Yokohama's CupNoodles Museum and design your own instant noodles
- Connect meaningfully with local high school youth
- Experience the dazzling lights and cityscapes of Tokyo
- Stay in a traditional ryokan
- Visit historic shrines and World Heritage temples



GLOBAL YOUTH TRAVEL AWARDS 2025 FINALIST OUTSTANDING CONTRIBUTION TO THE SDGs

THAILAND INTERNSHIP: CAREER EXPLORATION IN MEDICINE & HEALTH

Focus: Hospitals & Dentistry

MEDICINE & PUBLIC HEALTH

Experience Thailand's cultural wonders and explore turquoise beaches as you gain a deeper understanding of public health and medicine through rotating departments at local hospitals.



⭐ 21 DAYS

June 21 – July 11, 2026

July 17 – August 06, 2026

- **Tuition: $7,599**
- **Internship Hours: 62**
- **Service Hours: 24**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block, Enclosed Compound**
- **College Credit Add-On: $750**

View Website Page

During this travel internship you will focus on three Sustainable Development Goals, including:



Explore topics related to building the case for public health campaigns and access to quality healthcare for an empowered society.

INTERNSHIP HIGHLIGHTS:

- Observe doctors and nurses throughout various departments at a local hospital
- Engage with the community through local outreach projects and public health education projects
- Take in the sights, sounds and tastes of Thai Culture in 3 cities: Chiang Mai, Koh Samet and Bangkok
- Enjoy a weekend excursion to Koh Samet island and snorkel in one of Thailand's national parks
- Visit some of Bangkok's renowned destinations, including the Grand Palace and the Temple of the Emerald Buddha



THAILAND:

ELEPHANTS, EDUCATION & CULTURAL DISCOVERY

ANIMAL & WILDLIFE CONSERVATION **YOUTH & EDUCATION**

Split your time between caring for gentle Asian elephants and teaching English to children as you explore the vibrant culture, natural beauty and kindhearted spirit of Thailand.



14 DAYS
June 22 – July 05, 2026
July 10 – July 23, 2026
July 27 – August 09, 2026

- **Tuition: $4,899**
- **Service Hours: 30**
- **For Ages: 14-18**
- **Lodging: Exclusive Hotel Block/ Multiple**

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PROGRAM HIGHLIGHTS

- Responsibly care for elephants living in a peaceful sanctuary
- Learn about cultural, social and environmental issues related to elephant tourism
- Meet enthusiastic Thai youth and contribute to their education goals
- Volunteer by supporting the educational needs of a primary school classroom
- Visit colorful night bazaars filled with local cuisine and handicrafts

UNITED STATES

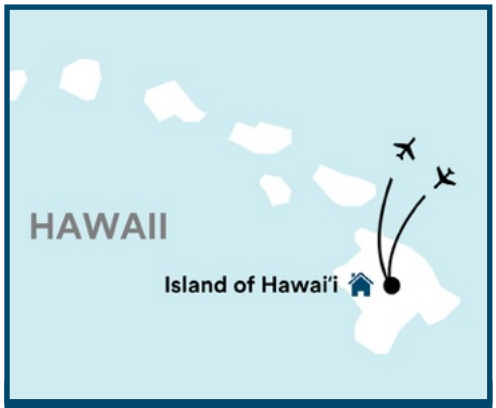




HAWAII: ISLAND SERVICE ADVENTURE

LEADERSHIP & EXPLORATION

Discover the inspiring landscapes and living culture of Hawai'i Island — from towering waterfalls to sacred sites, volcanoes and the night sky while giving back through hands-on environmental service.



10 DAYS
July 01 – July 10, 2026

- **Tuition: $5,499**
- **Service Hours: 20**
- **For Ages: 14-18**
- **Lodging: Exclusive Dorms**

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PROGRAM HIGHLIGHTS

- Stroll through historic Waimea on a walking tour
- Explore lush trails and waterfalls at 'Akaka Falls State Park
- Soak up the sun, snorkel Kealakekua Bay and hike to the iconic Captain Cook Monument
- Step back in time at Pu'uhonua o Hōnaunau National Historical Park and spend an afternoon at Hawai'i Volcanoes National Park
- Dive into service work focused on environmental care, Hawaiian traditions and marine conservation



UTAH:
RIVER RAFTING & CANYON ADVENTURE

OUTDOOR ADVENTURE **ENVIRONMENTAL STEWARDSHIP**

This program is designed with outdoor enthusiasts in mind, with a mix of meaningful community service and exciting adventure.



10 DAYS
July 07 – July 16, 2026

- **Tuition: $4,999**
- **Service Hours: 20**
- **For Ages: 14-18**
- **Lodging: Multiple**

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PROGRAM HIGHLIGHTS

- Go on an epic, multi-night river rafting expedition
- Explore picturesque Utah, spending half your time rafting and camping
- Support service and restoration efforts along the Colorado River
- Work with the U.S. Forest Service amongst the aspens and pines of the beautiful La Sal Mountains
- Hike through Arches National Park, famed for its more than 2,000 stunning natural rock formations

GROUP TRAVEL

Dreaming of bringing the impact and purpose of travel to your school or organization, but daunted by the logistics? **GLA Group Travel** works with schools and organizations to create custom programs that match each group's goals. Our itineraries push students and participants to think, learn and engage with the world in new ways.

From scouting destinations and booking accommodations to arranging transportation and on-the-ground support, our dedicated team manages every detail. We make sure your program runs smoothly and safely from the moment you land to the day you head home.

TEPA
Terra Education Programs Abroad

Now operating as part of Terra Education Programs Abroad (TEPA), we offer an even wider range of experiences, expertise and program styles across the Terra Education family. Whether your group is focused on service learning, academics, sports, language or cultural exchange, we'll help you design a program that meets your goals.

THE TERRA FAMILY

20 years terra education

SUMMER SPRINGBOARD®
Look Inward. Go Upward.

Pre-college programs on top university campuses where middle and high school students can explore academic paths and get a taste of campus life.

Discover Corps
Unforgettable Vacations With Purpose

Small-group journeys for families and adults focused on creating positive impact through genuine cultural connection and responsible travel.

BEYOND SPORTS

International programs for student-athletes that build leadership, teamwork and cultural understanding through sports and travel.

the good life ABROAD

Extended-stay experiences for adults 55 and up who want to live abroad with comfort, connection and cultural immersion in vibrant European cities.

HOW TO APPLY



1 **Visit our online application portal.**

2 **Hold your space in the program of your choice.**

Make your program or internship selection and complete the Contact Information section. Submitting the deposit and application fee using our secure online system holds your spot on the program as you complete the remaining steps of the application. You may also mail a check to Global Leadership Adventures or call **+1 858-771-0645** during office hours to pay by phone.

3 **Complete the online application.**

Part of the application process is for you to reflect on yourself as an applicant. Complete a brief series of short answer essay questions and a self-evaluation, which help us get to know your motivation for going on a GLA program. This also ensures that your interests are aligned with what the program offers. Finally, complete a medical questionnaire, which helps us prepare to accommodate for preexisting conditions, food allergies and other safety and health-related considerations.

A completed application includes:

- APPLICATION FEE
- DEPOSIT
- SHORT ANSWER ESSAY QUESTIONS
- SELF-ASSESSMENT
- SIGNED AGREEMENT FORMS
- MEDICAL QUESTIONNAIRE

We review completed applications in 3-5 business days, and notify students of final decisions by email. If you do not have access to a computer, please contact us for alternative application options.

Questions? Call or e-mail us.

+1 858 771 0645 | info@experienceGLA.com



EVENTS

Connect with us in person at Alumni-Hosted Open Houses happening in cities across the U.S., where you can meet GLA alumni families and a GLA representative.

Prefer to join virtually? Attend one of our Online Information Sessions on Zoom and chat directly with our staff about programs, destinations and what makes GLA unique.

Event and webinar dates will be posted on our website. To RSVP for an Alumni Open House or Online Session, and to see upcoming dates and details, visit our **Events Hub**.

You can also call us during office hours at **(858) 771-0645** to speak with our team!







CONNECT WITH US ON SOCIAL MEDIA

Follow us on social media to view photos and videos of our programs in action.

@GLAteens

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Global Leadership Adventures



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