BALI: EDUCATION & MARINE ADVENTURE

14 DAY PROGRAM

HIGHLIGHTS

- Teach children at local Balinese schools
- Learn to scuba dive in turquoise waters
- Explore the island's spiritual culture through temple visits and activities
- Have dinner at the Royal Palace
- Visit coral restoration and sea turtle hatchery projects
- Clean a mangrove area and sort trash with an NGO project
- Surf with locals in Southern Bali, a world-class surf destination

ACTIVITY LEVEL

- Medium

2026 PROGRAM DATES

- June 13 - June 26
- July 24 - August 6

GET IN TOUCH!

experiencegla.com
+1 858-771-0645
@GLAteens





Immerse yourself in the culture of the 'Island of the Gods,' teach environmental sustainability at local schools and discover unexpected treasures across this stunning volcanic island.

OVERVIEW

On this program, you'll travel to Bali, an island in Indonesia known for its rich culture and natural beauty. While on the island, you'll work with local youth and explore the many wonders of this tropical paradise. The warmth and hospitality of the Balinese people will enhance your experience as they welcome you into their communities and invite you to learn about their culture.

Volunteer at a local school alongside the community to teach environmental sustainability. In the afternoons and evenings, hike to a waterfall, hop on a spider boat for sunset or gather around a bonfire on the beach. A scuba diving adventure also awaits!









ITINERARY

Actual schedule of activities will vary by program session. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.

DAY 1: WELCOME TO BALI!

Fly into Denpasar (DPS), the main gateway to Bali. GLA staff will be there waiting to greet you. Once you have your bag, there will be an arrivals area where GLA staff will greet and accompany you to our Home Base in Ubud. We'll drive an hour to Home Base in Ubud, where we'll meet fellow GLA students and get settled into our new home. Once everyone has arrived, we'll continue with orientation and your first Balinese dinner.

DAY 2: ORIENTATION & SCAVENGER HUNT

Om Swastiastu! In Bali, they give this greeting, which actually means, *"May you be in the best of health: spiritually, physically, mentally and emotionally."* Today we will have our welcoming activities including a crash language course, scavenger hunt of the local area, and program orientation! Get aquianted with the group you'll be spending the next 3 weeks with!

DAY 3: HERBAL WALK, COFFEE PLANTATION & TOUR OF ROYAL PALACE

You'll start your day with a stroll through winding paths in the lush jungle and through terraced rice paddies on an herbal walk to learn about Bali's native plants and how they're used for traditional medicine, food and body care products. You'll also explore a local temple.

After an afternoon visit to a local coffee plantation, we'll get the rare opportunity to tour the Royal Palace, and have a conversation with a member of the royal family over traditional Balinese dinner. Get the chance to ask questions like how tourism and other modern developments are affecting the practice of Balinese customs and village culture.

DAY 4: VISIT TO LOCAL BAJAR

This morning you'll visit a local banjar, or community center, to learn about traditional arts that have become famous around the world: woodcarving, offering making, gamelan making and legong dance. In the afternoon visit a female empowerment NGO and learn about styles of yoga and meditation in Bali!

DAY 5: SERVICE BEGINS (FOOD & MANGROVE SUSTAINABILITY PROJECTS)!

Over the next few days, as part of the Food Fighter project, we will contribute to the preparation of 300 nasi campur (mixed rice) packets to be distributed in a Balinese community close to a landfill. Students will learn about nutrition and food waste.

DAY 6: SERVICE CONTINUES!

In collaboration with Rip Curl School of Surf Bali, students will learn about mangroves in Bali, and how waste has impacted the environment. Boat over to the mangrove area, clean up while paddle boarding around, sort the trash that you've collected on the shore.









DAYS 7: PEMUTERAN EXCURSION & TEMPLE VISIT

Today we head onwards to Pemuteran - a remote corner of Bali known for some of the best snorkeling and diving on the island. Along the way we'll stop and explore one of Bali's incredible temples.

DAY 8: TURTLE HATCHERY & SCHOOL SERVICE

In the morning learn about local efforts protecting sea turtles, and in the afternoon start delivering the health and environmental lessons you've been preparing to give.

We'll begin our Children's Education workshops. We will design and deliver workshops to local school children (4th - 6th graders) on topics related to sustainability, the environment and more. This part of our service will have a lasting positive impact as awareness and education with youth is a key factor in making change in these rural communities. Work as a team to move through different classrooms and play games, teaching engaging lessons that will make an impact on the students here.

DAY 9: BIOROCK SNORKELING & SCHOOL SERVICE

Today students will continue their NGO visits, learning about and supporting a coral restoration project and snorkeling through beautiful waters! In the afternoon we'll continue teaching our lessons in the local school and creating bonds with Balinese students!

DAY 10: SCHOOL SERVICE

Spend today delivering your last lessons to the local elementary school and saying your goodbyes to the students you formed fast bonds with in the last days!

DAY 11: DISCOVER SCUBA!

Today is the day we explore Bali from underneath the crystal blue waters! Students will learn some basic dive theory and some vital dive skills in the shallows before going on your guided underwater tour. This will be an amazing opportunity to explore Bali's stunning coral reefs. All students will need to do a swim test to participate in this activity.

DAY 12: BACK TO UBUD

Today we will start our journey back to Ubud passing by a beautiful waterfall along the way and arriving back to our main Home Base in this urban center of the island. In the evening we will settle back into our original Home Base in Ubud.

DAY 13: SURFING

Students will head south to spend the day surfing in some of the most beautiful waters in Bali. Lessons will be taught by world-class instructors in an area that is well suited for beginners. South Bali is well known for being one of the top surfing destinations in the world, so this will definitely be an adventure to remember.

DAY 14: DEPARTURE

"Goodbye" doesn't exist in Indonesian, so we'll say, "See you later!" as you prepare to depart. Enjoy your last Balinese breakfast and head to the airport to begin your journey back. At the airport, GLA staff will help you check in for your flight and see you off on your trip home.

PROGRAM SPECIFICS

- **Tuition:** $5,499
- **Service Hours:** 24
- **Ages:** 14 - 18
- **Student-to-Staff Ratio:** 6-to-1
- **Accommodations:** Enclosed Compound
- **Arrival and Departure Airport:**
  - Denpasar (DPS)

GLA HOME BASE

On the 14-day program, your Home Base will be split between Ubud and Pemuteran. These incredible destinations offer the comforts of home and a unique atmosphere that draws visitors from around the world.

Students share comfortable, gender-segregated rooms and have access to bathrooms with toilets and cold-water showers. Meals will be healthy and vary as you travel around the island.

GLA HOME BASE OVERVIEW

- Pool
  - GLA Home Base 1: Ubud - Yes
  - GLA Home Base 2: Pemuteran - No
- Air conditioning
  - GLA Home Base 1: Ubud - No
  - GLA Home Base 2: Pemuteran - No
- Remote
  - GLA Home Base 1: Ubud - No
  - GLA Home Base 2: Pemuteran - Yes

FOOD

Students will typically eat Balinese staple meals, including rice, rice-based noodles, chicken, fish, tempeh/tofu and vegetables. Popular traditional dishes include Nasi Goreng (stir-fried rice with peanuts and coconut) and Gado Gado (tempeh and steamed vegetables with peanut sauce). Western options will be available occasionally.

NOTICE ON PROGRAM UPDATES

While this program is being planned for this season, some activities or details may change between now and the program start date. Please note that references from past participants and previously published information may not accurately reflect every aspect of this program. Refer to the sample itinerary above or to the GLA website for the most up-to-date version of program activities, and please note that further updates may be made between now and the program start date.

CLIMATE

Bali's climate is tropical, warm and humid all year. The central mountain area, including Ubud, is typically cooler and expects more rain than the southern coastal areas, making it quite pleasant.

LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

ABOUT GLOBAL LEADERSHIP ADVENTURES

Global Leadership Adventures was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

GLA HAS BEEN FEATURED IN:

The New York Times
USA TODAY
NBC NEWS
The Boston Globe
seventeen

OUR EXPECTATIONS

BE PRESENT | Our mission at GLA is "to inspire the next generation to realize their potential to transform the world and their role in it." To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

NO TOLERANCE | GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

COMMUNITY-LED EXPERIENCES | GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

MENTORSHIP | GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

ESSENTIAL ELIGIBILITY CRITERIA

At Global Leadership Adventures, we welcome age-eligible teens who are excited about the opportunity to travel to apply for our programs. To ensure a safe and meaningful experience for everyone in the group, we follow essential eligibility criteria. While out intent is not to be exclusionary, it's important to note that GLA programs are not therapeutic programs and are not able to support struggling teens seeking behavior or mental health outcomes.

Applications are carefully considered and screened to align with these criteria. It is not uncommon for GLA to require supporting documentation or information in the application screening process to confirm eligibility or suitability for program participation. Failure to disclose full medical history may also result in the application not being accepted, additional fees, and/or removal from the program. Please discuss with our team for any further clarification or concerns and visit **https://www.experiencegla.com/policies/essential-eligibility-criteria/** to view the full essential eligibility criteria list.

WE'RE HERE TO HELP

CONTACT US | Want to learn more about Global Leadership Adventures and our available programs? Our Admissions Team has expertise and insights into our slate of program offerings, and we're happy to answer any questions you might have. We have collectively visited or staffed many of our GLA programs around the world, and we have advice to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.

ENROLL NOW | We encourage you to enroll on your 1st choice program as early as you can! In fact, our most popular programs fill up early every year, and many students end up putting off the quick and easy application process only to end up on the waiting list. The best way to ensure that you save your spot is to place your deposit and apply early. You can easily enroll online at **www.experiencegla.com/enroll.**